

# 2019 COURSE CATALOG

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### **ACTIVE SHOOTER**

### FULL LENGTH COURSES

# **Active Shooter Preparation and Response for Schools**

1 HOUR

This course focuses on what to do in situations that put you and your students at risk. The course in its totality will cover assessing and reducing risk, ensuring response procedures are in place, debriefing and recovering post-incidents, and staying prepared through mock-drill training with staff and students.

# **Active Shooter: Phases and Prevention**

1 HOUR

This course will discuss the mindset of an active shooter incident from a basic prevention and recognition standpoint. We will begin by giving a high-level overview of the five phases of an active shooter incident from planning through execution; we will also lay out the proper recognition of an active shooter incident, discuss prevention strategies in the context of a school shooter, and examine basic response planning practices and considerations.

# **Active Shooter: Recognition and Basic Response**

1 HOUR

The increase in mass shootings and recent tragedies such as the Parkland shooting makes the topic of this course a reality for law enforcement throughout the United States. While each shooting is different and has challenges of its own, this course will review case studies of active shooters and give useful and actionable knowledge that will serve officers responding to active shooter events.

# Ambush Awareness and Preparation \*

1 HOUR

There will be times in your career that you will find yourself in a situation that your instincts will scream, ambush; While it is challenging to prepare for every situation or environment, there are precautionary steps and tactics officers can take that will give them the most favorable outcome possible. This course is designed to educate officers on the threat ambushes present and create awareness of this critical issue. It provides a detailed overview and offers comprehensive case studies and analyses of incidents. The case studies will provide information on how the ambush occurred and what steps could have been taken to prevent a deadly outcome.

# **Law Enforcement Response to Active Shooter Incidents**

2 HOURS

In this two-hour course, you will learn the proper responses to an active shooter incident; gain an understanding of past incidents, as well as future incident prevention.

### • TRAINING BLOCK COURSES

### **Active Shooter**

Responding to active shooter calls can be one of the most dangerous situations officers will encounter. Training videos included here discuss protocol for response, the five phases of an active shooter, active vs classic barricade suspect, and more.

### **Active Shooter 1**

1 HOUR

- Active Shooter Update
- Equipment to Carry on an Active Shooter Response
- Multiple Active Shooters
- Reality Training: Sparrow Firearms Training
- Responsibilities of the First Officer in an Active Shooter Incident
- Shooting Tactics for Multiple Officers in Close Quarters

### **Active Shooter 2**

1 HOUR

A Formidable Foe for Law Enforcement, Active Shooter Training, Response Strategy for Multiple-Location Attacks, Spear System: Sudden Ambush

### **Active Shooter 3**

1 HOUR

Concealed Carry in our Nation's Schools, Dealing with an Ambush, Preparing for an Active Shooter, The Sheep, the Wolf and the Sheepdog, The Truth about Violence, Violent Visual Imagery and Children, Virginia Tech Massacre

### **Active Shooter 4**

1 HOUR

Campus police agencies and their collaborative partnerships (Matt Stiehm), Challenges of Implementing Active Shooter Response Training (P1A), Rapid Deployment 2.0 (Doug Wyllie), Training Teachers to Respond to Active Shooter Incidents, Downrange EMS – Critical Care When the Scene Isn't Safe

### SINGLE VIDEO COURSES

- Concealed Carry in our Nation's Schools
- The Truth about Violence
- Violent Visual Imagery and Children
- Virginia Tech Massacre

# **CAMPUS POLICING**

• FULL LENGTH COURSES

### **Bomb Threats in Schools**

1 HOUR

School bomb threats disrupt schools while creating substantial anxiety in a school-community, especially if they are Recurring over a shorter period. With these threats increasing in number over the years, it is important that all law enforcement personnel know how to handle bomb threat situations safely and effectively. This one-hour course will provide learners with the skills to establish a plan of action to identify harmful situations early, act properly, and prevent them from happening altogether.

### Campus Based Training: Clery Act \*

2 HOURS

The Crime Awareness and Campus Security Act of 1990 was enacted to require all postsecondary institutions participating in the Higher Education Act of 1965 (HEA) Title IV student financial assistance programs to disclose campus crime statistics and security information. It was renamed the Jeanne Clery Disclosure of Campus Security Policy and Crime Statistics Act in 1998 and is now generally known as the Clery Act. In this course, learners will review updates to the law in order to better serve postsecondary students and their families.

# **Preventing and Addressing Bullying in Schools**

1 HOUR

This one hour course will inform and share some of the powerful and proven ways local SROs and other law enforcement officials can address and respond to bullying. SROs should help ensure campus safety. Although they are not on-site to carry out disciplinary functions that fall under the purview of school personnel, SROs can play an important role as law enforcers, educators, and informal counselors.

# School Resource Officers \*

### 1 HOUR

The popular perception of law enforcement is that officers spend their days nabbing the bad guys and protecting their communities from perils ranging anywhere from parking violators to international terrorists. One important way that law enforcement officers can reach out to the community at large is by partnering with local school districts and selecting specific officers to serve as school resource officers (SROs). In this course, you will learn the ways that a school resource officer can assist in a school as an educator and advisor. Additionally, this course will cover the security and law enforcement responsibilities of school resource officers. You will also learn how community-oriented policing can result in effective law enforcement.

### TRAINING BLOCK COURSES

# **Campus Policing**

### 1 HOUR

This one-hour training block will address the unique issues that arise for law enforcement on college campuses.

Videos in this course include:

- Preparing for an Effective Emergency Response on College Campuses
- The Complexities of Patrolling College Campuses
- Multi-Jurisdictional Response to Mass Casualty Incidents on College Campuses
- Sex Crime Investigations on College Campuses

### **COMMUNITY POLICING**

### • FULL LENGTH COURSES

# Anti-Bias Training For Law Enforcement (1 hour) \*

### 1 HOUR

The face of America continues to evolve, and our nation is more diverse than ever before. People in cities, suburbs, and towns served by law enforcement are a rich tapestry of races, ethnicities, religions, and cultures. This diverse group of individuals deserves to be treated with kindness, compassion, and respect. Unfortunately, tragedies can result when there is an adversarial relationship or misunderstanding between law enforcement and the community. Recognizing the diversity and types of bias when serving the community will reduce misunderstandings, confusion, and stereotypes while promoting knowledge and awareness for the officer. In this one-hour course, we will explore many effective strategies to help you to connect with the community along with recommendations you can use immediately.

# **Anti-Bias Training For Law Enforcement (2 hours)**

### 2 HOURS

The face of America continues to evolve, and our nation is more diverse than ever before. People in cities, suburbs, and towns served by law enforcement are a rich tapestry of races, ethnicities, religions, and cultures. This diverse group of individuals deserves to be treated with kindness, compassion, and respect. Unfortunately, tragedies can result when there is an adversarial relationship or misunderstanding between law enforcement and the community. Recognizing the diversity and types of bias when serving the community will reduce misunderstandings, confusion, and stereotypes while promoting knowledge and awareness for the officer. In this two-hour course, we will explore many effective strategies to help you to connect with the community along with recommendations you can use immediately.

### **Civil Rights**

### 4 HOURS

This four-hour course seeks to emphasize the strategies that contribute to effective civil rights protections.

# **Community Policing**

### 2 HOURS

This two-hour course will equip you with the knowledge about community policing and the challenges that this type of policing faces.

# **Community Policing Strategies**

### 1 HOUR

This one hour course provides a brief description of the approaches that been successfully developed and implemented at the local level to reduce crime and disorder.

# **Constitutional and Community Policing**

### 2 HOURS

Community policing operates within the parameters of the Constitution. Various constitutional issues are relevant today. This course will identify the policies and practices that are most frequently called into question from a constitutional perspective while providing effective methods and strategies for successful community policing.

# Cultural Awareness and Diversity Overview \*

### 1 HOUR

With the demographic makeup of the United States changing dramatically over the last 25 years, law enforcement, now more than ever, must possess the cultural competency to encourage positive communication and enhance productivity in the workplace. By taking this course, the learner will examine the factors that make up our individual cultures and the ways by which culture and law enforcement can merge.

# **Hate Crimes Training For Law Enforcement \***

### 1 HOUR

Hate/bias crimes seriously threaten our democratic society, which is built on the strength of its diversity. These crimes represent a particularly heinous form of physical and/or verbal violence, in which thousands of Americans are victimized each year because of their skin color, ethnicity, religion, gender, or sexual orientation. This course gives an overview of hate crimes based on recent statistics from the FBI.

# Implicit Bias \*

# 1 HOUR

This one-hour course will discuss implicit bias regarding its definition, common ways that it may be revealed, as well as the different forms it may take. Additionally, this Implicit Bias course instructs the user on how to identify and overcome implicit bias.

### Missing Persons with Alzheimer's Disease

### 1 HOUR

Alzheimers disease (AD) is the most common cause of dementia, and results in progressive cognitive and behavioral impairment. The number of people with Alzheimers continues to increase due to an aging population. One in 10 people over the age of 65 and nearly half over the age of 85 have Alzheimers disease. This makes the chance that law enforcement will come into contact with an Alzheimers patient much more likely. Due to disease progression, wandering is a significant concern in the AD population. Proper training and knowledge will encourage successful interactions and outcomes.

# **Problem Oriented Policing**

### 4 HOURS

In this four-hour Law Enforcement course, we will explore Problem Oriented Policing (POP) on an individual and agency level. This course will focus on structuring your agency for POP, putting POP into action, as well as making POP part of your strategic planning.

# Racial Profiling Part 1 \*

1 HOUR

Racial profiling, the practice of using race or ethnicity as a basis for law enforcement investigative procedures. The purpose of this course is to highlight key issues surrounding race in law enforcement and to help law enforcement officers use this information in a meaningful and practical way. This course provides pertinent arguments regarding racial profiling that impacts the success of policing efforts and presents key distinctions between reasonable suspicion and racial profiling during field interviews and traffic stops. Best practices for law enforcement officers including tactical communication, traffic stop procedures, and self-analysis are provided for practical application. This course also highlights Supreme Court findings regarding racial profiling and key concepts relevant to race and ethnicity in the United States.

# **Racial Profiling Part 2: Data Collection**

2 HOURS

This Racial Profiling course brings awareness and understanding of how the blueprint was designed to provide law enforcement, state and local elected officials, civil rights leaders, community organizations, and other local stakeholders with strategies and practices for gathering and analyzing data about police stops.

# **Racial Profiling for Missouri**

1 HOUR

Missouri law stresses the importance of understanding and respect for racial and cultural differences and development of "effective, non-combative methods of carrying out law enforcement duties in a racially and culturally diverse environment." How does an officer accomplish this? In this course, the learner will gain understanding regarding the actions that define racial profiling, and how by engaging in self-analysis, practicing awareness and empathy in dealing with members of minority communities, and by taking personal responsibility for their own words and actions, will help them comply with Missouri law so they can eliminate the possibility of engaging in discriminatory practices.

# • TRAINING BLOCK COURSES

### **Communication Skills**

Whether on the street or in the courtroom, having the skill to recognize non-verbal cues, conduct thorough field interviews, or build rapport with criminal informants is a core competency for law enforcement professionals. This section covers everything from analyzing a suspect's body language to managing calls involving persons with autism.

### **Communication Skills 1**

1 HOUR

Videos in this course include:

- New Era
- New Rules
- Responding to Persons with Autism
- Strengthening Relations with Local Media
- Tactical Communications Applied to Email
- The Art of Asking Questions
- Verbal Abuse Deflectors

### **Communication Skills 2**

1 HOUR

- Cultural Awareness for Law Enforcement
- Everyday Heroes and the Media
- Getting Back to Basics
- I Got Your Back Concept
- Officer Dispatcher Relations
- Priorities of Life

### **Communication Skills 3**

### 1 HOUR

Videos in this course include:

- Autism Recognition and Response
- Body Language: Detecting Deceit
- Body Language: Psychological vs Physiological
- Body Language: Questioning a Subject
- Combining Verbal and Physical Control
- Human Intuition

# **Communication Skills 4**

### 1 HOUR

Videos in this course include:

- Arresting Communication
- Emergency Radio Traffic, Fire
- EMS & LE Interface
- Improving Media Relations
- Providing Closure for the Dispatcher

### **Cultural Awareness 1**

### 1 HOUR

Videos in this course include:

- Cultural Diversity: Challenging Stereotypes
- Cultural Diversity: Cognitive Styles
- Cultural Diversity: Communication Context
- Cultural Diversity: Knowing Your Community

### **Cultural Awareness 2**

### 1 HOUR

Videos in this course include:

- Cultural Diversity: Gender Differences
- Cultural Diversity: Generational Differences
- Cultural Diversity: Officer Safety
- Cultural Diversity: The Thin Blue Line
- The Strategy of How to Apologize

### • SINGLE VIDEO COURSES

- Autism Training for LE
- Crisis Management: Disconnection between Private Business and Law Enforcement
- Establishing a Relationship Between your Department and Local Media
- NRA's Refuse to be a Victim Program

### **DEFENSIVE TACTICS FOR POLICE**

# • FULL LENGTH COURSES

# **Courthouse Security**

### 2 HOURS

This two-hour course will provide a step-by-step guide to achieving security for all parties in a courthouse.

# De-Escalation and Minimizing Use of Force \*

2 HOURS

In this course, students will learn to identify techniques for de-escalation, plan for minimizing use of force, explain the importance of training officers for these encounters and, lastly, apply these strategies to de-escalate volatile situations. Students will be better equipped mentally to make the critical decisions under stress necessary to de-escalate crisis situations and to minimize the force used when use of force becomes necessary.

### **Holds and Restraints**

2 HOURS

This two-hour course will supply law enforcement officers with appropriate knowledge and understanding of holds and restraints.

# Officer Tactical Training

2 HOURS

This course satisfies the 2017 Continuing Law Enforcement Education (CLEE) Training and Reporting Requirements for Missouri Peace Officers. Officer Tactical Training includes De-Escalation Techniques, Crisis Management, Critical Thinking, and Social Intelligence topics.

# **Using Oleoresin Capsicum**

1 HOUR

There are many options in dealing with an uncooperative individual but only one that will conjure the mental and physical effects of using a chemical agent like Oleoresin Capsicum (OC). This course is will review the history and development of OC and the impact it has had on the field of corrections. Proper deployment, limitations, health concerns and aftercare will also be covered during this training.

# **Using the Straight Armbar to Gain Subject Compliance**

1 HOUR

In this training program, the effective transitioning to the Straight Armbar technique is presented. We use the most accessible of the limbs, the arm, to gain control of a resistive subject.

### TRAINING BLOCK COURSES

### **Crowd Control**

Crowd control is a more and more common concern for agencies of all sizes. In these videos, you will learn how to prepare, both as an agency and as an individual, to respond effectively to these types of incidents and the various challenges they pose.

### **Crowd Control 1**

1 HOUR

Videos in this course include:

- Crowd Control: Bicycles
- Crowd Control: SUV Running Boards
- Crowd Control: The Sleeping Dragon
- Crowd Control: Writing an Ops Plan
- Movement Formation vs. Fighting Formation
- Reality Training: Crowd Control
- Cameras Rolling

### **Crowd Control 2**

1 HOUR

- Basic Team Formations
- Blast Ball: For Less Lethal Crowd Control
- Crowd Control: An Overview

- Crowd Control: Cuffing with Multiple Flex Ties
- Crowd Control: Handcuffing
  Crowd Control: Tages Colors
- Crowd Control: Team Selection

### **Crowd Control 3**

1 HOUR

Videos in this course include:

- Crowd Control: Continuum
- Crowd Control: Demonstrator Tactics
- Crowd Control: Equipment
- Crowd Control: Intelligence
- Crowd Control: Less-Lethal Crowd Control Equipment

### **Crowd Control 4**

1 HOUR

Videos in this course include:

- Crowd Control: Baton Use
- Crowd Control: Prisoner Processing
- Crowd Control: Using a Public Information Officer
- Dealing with Flash Mobs
- Reality Training: When a Violent Confrontation Draws a Crowd

# **Dealing with Armed Suspects**

1 HOUR

It is important for law enforcement to feel well prepared when danger presents itself in the form of an armed suspect. In this one-hour training block course, the learner will review three situations involving and armed suspect and see some of the successes and failures of each interaction. Additionally, we will see a tutorial for weapon disarming by Peter Hetrick, Operations Manager for MPI Protective Service and MPI Training Academy.

Videos in this course include:

- A Different Look at Weapon Disarming
- Reality Training: An Edged Weapon Attack
- Reality Training: Deadly Force Against Armed and Fleeing Subjects
- Reality Training: A Violent Felony Stop

### **Defensive Tactics**

As an officer on the street that encounters volatile situations on a regular basis, you must be prepared to defend yourself physically or take control of a violent offender when necessary. The ability to subdue an attacker and prevent harm to yourself and citizens is acritical skill, and the techniques here will teach you to do so while preventing unnecessary harm to the attacker.

### **Defensive Tactics 1**

1 HOUR

- Ankle Vice
- Answer the Phone
- Arm Lock to Wrist Lock
- Armbar Redistribution of Mass
- Baton Power Development
- Benefits of the BOB Manneguin
- Choke from Behind
- Chokes and Releases
- Combining Baton and Empty Hand Control Strikes

### **Defensive Tactics 2**

### 1 HOUR

Videos in this course include:

- MMA: Defending a Wide Punch
- Offensive Strategies for Immediate Control
- Professional Posturing
- Rear Hostage Gun Disarm
- Recovering from a Knock Down
- Reverse Twist Take Down
- Sankyo Demonstration
- Stuff and Cuff Techniques

### **Defensive Tactics 3**

### 1 HOUR

Videos in this course include:

- Kei Satsu Jitsu
- Layer System of an Offensive Individual
- Leverage Techniques
- Martial Arts Inspired Baton Striking and Foot Patterns
- Speed Cuffing from Four Positions
- Suspect Control and Handcuffing
- Variations in the Transport Wrist Lock
- Wrist Grabs

### **Defensive Tactics 4**

### 1 HOUR

Videos in this course include:

- Falling and Shooting
- Forcing Compliance Under Pressure
- Ground Strikes
- Haganah Gun Disarms
- Inside Arm Drag
- The Power of a Forearm Fuse

### **Defensive Tactics 5**

# 1 HOUR

Videos in this course include:

- Defending a Tackle
- Emergency Time Out: Hand Positions
- Empty Hand Control
- Escape from Wrist Grabs
- Falling Tactically
- Fighting Man Dummy Drills
- Focus on Hand-to-Hand Tactics

### **Defensive Tactics 6**

### 1 HOUR

- Control Tactics for the Backup Officer
- Defensive Tactics Ground Fighting
- Developing Habitual Response
- Developing Knockdown Baton Cross Strikes
- Elbow Combat Tactics

### **Defensive Tactics 7**

### 1 HOUR

Videos in this course include:

- Knife Attack Avoidance
- Medical Validation in Defensive Tactics
- Sequencing Defensive Tactics Training
- Thai Boxing Tool for Law Enforcement
- Transitioning from Armbar to Prisoner Lock
- Variations of a Foot Trap

### **Defensive Tactics 8**

### 1 HOUR

Videos in this course include:

- Basic Weapon Retention with a TASER
- Chicken Wing Escape
- Figure 4 Straight Arm Bar Takedown
- Lt. Dan Marcou: Leg Locks
- Moving to Fight a Close Quarter Ambush
- Overhead Knife Defense
- Personal Body Weapons
- Power Punch Technique
- Taser Use and Transition to Firearms

### **Defensive Tactics 9**

### 1 HOUR

Videos in this course include:

- Baton Positions
- Lt. Dan Marcou: Pressure Point onto the Nose
- Lt. Dan Marcou: Tactical about-face Maneuver
- Lt. Dan Marcou: The Boma Technique
- Lt. Dan Marcou: The Bow Technique
- Mid-line Jab Defense
- Tactical Knife Defense
- The Lifting Kick
- Training Drills: Punching Attacks

### **Defensive Tactics 10**

### 1 HOUR

Videos in this course include:

- Extreme Close Quarter Gun Manipulation
- Maximizing Your Body Mechanics When Striking
- Response to an Attempted Gun Grab
- SARS Technique in Practice
- SARS Transition Drills
- Using Distance Drills in your Control Tactics

### **Defensive Tactics 11**

### 1 HOUR

- Cross-grab Takedown Technique
- Defensive Tactics Viewed from the Public's Perspective
- Evading an Attack to the Head while Supine (Don Gulla)
- Inside Arm Drag Progression
- Maintaining a Reactionary Gap
- Practicing Low Knee

- · Recovering from the Ground while Having your Weapon Out
- Take Down Tactics for Smaller Officers
- The Horn Come-Along Technique
- The Z Lock

### **Defensive Tactics 12**

### 1 HOUR

- Dealing with a Resisting Subject in a Crowd
- SARS Technique Escalating Use of Force
- Tactical Handshake
- Takedown from a Figure Four
- Taser Failure Techniques
- TASER Use and Deadly Threats Situations
- Weapon Takeaways and Take Backs

### **Defensive Tactics 13**

### 1 HOUR

Videos in this course include:

- Brachial Stun Technique
- Defending Against a Straight Punch
- Defending Yourself When You're Unarmed
- Elbow Drills
- Escape from the Mounted Position
- · Escaping the mount by Using the Forced Bridge
- Ground Defense Position
- Hip Escape Drill
- Trap and Stun Technique

### **Defensive Tactics 14**

### 1 HOUR

Videos in this course include:

- Falling Without Injury
- Partial Mount Escape and Transition to Tools
- Positions of Disadvantage 1
- Positions of Disadvantage 2
- Positions of Disadvantage 3
- Applying the Brachial Stun After Answering the Phone
- Basic Takedown of a Non-Compliant Subject
- Quick Closure
- Reality Training: Re-approaching the Suspect after the Shooting Stops

### **Defensive Tactics 15**

### 1 HOUR

Videos in this course include:

- Elbow to Elbow Technique
- Closing the Distance
- The T-Kick
- Have a Backup Plan for your Manipulation Skills
- Developing your Abilities to Move Offline
- Developing your Hand Speed
- The Director Drill

### **Edged Weapons**

As an officer on the street that encounters volatile situations on a regular basis, you must be prepared to defend yourself physically or take control of a violent offender when necessary. The ability to subdue an attacker and prevent harm to yourself and citizens is a critical skill, and the techniques here will teach you to do so, while preventing unnecessary harm to the attacker.

# **Edged Weapons 1**

1 HOUR

Videos in this course include:

- Applying Edged Weapons in Offensive Situations
- Defending Against an Edged Weapon Attack
- Reality Training: Las Vegas Knife Incident
- Your Edged Weapon Can Save Your Life

# **Edged Weapons 2**

1 HOUR

Videos in this course include:

- Defending a Forehand Slash with Edged Weapons
- Edged Weapon Defense
- Empty Hand against a Knife Attack
- Forehand Slash in Knife Attack
- Knife Defense
- Knife Defense with Tony Gregory
- Reality Training: Responding To Edged Weapon Attacks
- Side Control with Edged Weapon

# **Subject Control**

Dealing with suspects is dangerous, unpredictable, and often volatile. This section provides officers with sound tactics for good situational awareness, techniques for safely apprehending suspects, and more.

# **Subject Control 1**

1 HOUR

Videos in this course include:

- Frisk Technique: Disguising Your Gloves
- Intervention Options
- Kneeling Pat Down
- Measuring Compliance when Applying Handcuffs
- Multiple Suspect Control in Close Quarters
- Reaction Response to TASER Hit
- Verbal De-escalation Skills

# **Subject Control 2**

1 HOUR

Videos in this course include:

- Active Countermeasures Options
- Analyzing Body Language
- Armbar Manipulations
- Asking for Cooperation
- Constant Tactical Positioning
- Distracting a Suspect
- Front Cuffing from Behind
- The Lost Art of Manual Control

### Subject Control 3

1 HOUR

- Body Lock and Harness
- Out of Holster Gun Grabs
- Reaction
- Movement and Response Times

- Reality Training: Encountering a "Suicide By Cop" Situation
- Reality Training: Escaping Handcuffs
- Reality Training: Giving Verbal Commands
- The First Phases of a Handgun Takeaway

# **Subject Control 4**

### 1 HOUR

Videos in this course include:

- Crank with a Control Device
- Knee Strike Technique
- Managing Bizarre Behavior
- Plan B Drill
- Soft Decentralization Technique
- Staying in Command in a Deadly Environment
- Wrist Twist (Larry Smith)

### • SINGLE VIDEO COURSES

- Active Countermeasures: Relative Positioning Drills
- Active Countermeasures: Touch Drills
- Ankle Vice
- Answer the Phone
- Applying a Simple Foot Trap in a Correctional Setting
- Applying the Brachial Stun After Answering the Phone
- Arm Lock to Wrist Lock
- Armbar Redistribution of Mass
- Basic Takedown of a Non-Compliant Subject
- Basic Weapon Retention with a TASER
- Baton Carries
- Baton Positions
- Baton Power Development
- Baton Strikes in Confined Spaces
- Baton Training in the Classroom
- Baton: Close Quarters Strikes
- Benefits of the BOB Mannequin
- Body Language Skills and Deception Detection Training
- Brachial Stun Technique
- Cell Extraction Techniques
- Chicken Wing Escape
- Choke from Behind
- Chokes and Releases
- Close-Quarter Striking Techniques
- Closing the Distance
- Combining Baton and Empty Hand Control Strikes
- Conducting Searches in a Corrections Setting
- · Control Tactics for the Backup Officer
- Cross-grab Takedown Technique
- Dealing with a Resisting Subject in a Crowd
- Defending Against a Straight Punch
- Defending Yourself When You're Unarmed
- Defending a Tackle
- Defensive Tactics Ground Fighting
- Defensive Tactics Viewed from the Public's Perspective
- Developing Habitual Response
- Developing Knockdown Baton Cross Strikes
- Developing your Abilities to Move Offline
- Developing your Hand Speed
- Direct Supervision of Inmates
- Distracting a Suspect
- Edged Weapons Defense Training
- Elbow Combat Tactics

- Elbow Drills
- Elbow to Elbow Technique
- Emergency Time Out: Hand Positions
- Empty Hand Control
- Escape from Wrist Grabs
- Escape from the Mounted Position
- Escaping the mount by Using the Forced Bridge
- Evading an Attack to the Head while Supine (Don Gulla)
- Extreme Close Quarter Gun Manipulation
- Falling Tactically
- Falling Without Injury
- Falling and Shooting
- Fighting Man Dummy Drills
- Figure 4 Straight Arm Bar Takedown
- Focus on Hand-to-Hand Tactics
- Forcing Compliance Under Pressure
- Front Cuffing from Behind
- Ground Defense Position
- Ground Defense Position with Weapon Retention
- Ground Positions: Weapon Retention
- Ground Stabilization after baton strikes
- Ground Strikes
- Haganah Gun Disarms
- Have a Backup Plan for your Manipulation Skills
- Hip Escape Drill
- · How Will You Win?
- How do you Handle Non-Compliant Subject
- How to Use Striking Shields
- How to Write Effective Use of Force Incident Reports
- Inside Arm Drag
- Inside Arm Drag Progression
- Intervention Options
- Kei Satsu Jitsu
- Knee Strike Technique
- Kneeling Pat Down
- Knife Attack Avoidance
- Large Squad Riot Techniques
- Layer System of an Offensive Individual
- Less Lethal Options
- Leverage Techniques
- Lt. Dan Marcou: Leg Locks
- Lt. Dan Marcou: Pressure Point onto the Nose
- Lt. Dan Marcou: Tactical about-face Maneuver
- Lt. Dan Marcou: The Boma Technique
- Lt. Dan Marcou: The Bow Technique
- MMA: Defending a Wide Punch
- Maintaining a Reactionary Gap
- Martial Arts Inspired Baton Striking and Foot Patterns
- Maximizing Your Body Mechanics When Striking
- Measuring Compliance when Applying Handcuffs
- Medical Validation in Defensive Tactics
- Mid-line Jab Defense
- Moving to Fight a Close Quarter Ambush
- Multiple Suspect Control in Close Quarters
- Non-Escalation vs. De-escalation Verbal Tactics
- Offensive Strategies for Immediate Control
- Officer Involved Shootings
- Outfitting for Corrections
- Overhead Knife Defense
- Partial Mount Escape and Transition to Tools
- Personal Body Weapons
- Police vs Correctional Hostage Negotiations

- Positions of Disadvantage 1
- Positions of Disadvantage 2
- Positions of Disadvantage 3
- Power Punch Technique
- Practicing Low Knee
- Practicing Low Knee Strikes
- Pre Draw Indicators
- Professional Posturing
- Proper Response
- Quick Closure
- Rear Hostage Gun Disarm
- Recovering from a Knock Down
- Recovering from the Ground while Having your Weapon Out
- Responding to an Incident in a Courtroom
- Response to an Attempted Gun Grab
- Reverse Twist Take Down
- SARS Technique in Practice
- SARS Transition Drills
- Sankyo Demonstration
- Securing an Inmate from Knee on the Belly
- Sequencing Defensive Tactics Training
- Shield Selection for Cell Extractions
- Speed Cuffing from Four Positions
- Standing Pat Down
- Star Tactic Variations
- Stuff and Cuff Techniques
- Surviving a Jail Stabbing Assault
- Suspect Control and Handcuffing
- TASER Use and Deadly Threats Situations
- Tactical Formations
- Tactical Handshake
- Tactical Knife Defense
- Take Down Tactics for Smaller Officers
- Takedown from a Figure Four
- Taser Failure Techniques
- Taser Use and Transition to Firearms
- Thai Boxing Tool for Law Enforcement
- The Blast Ball: For Less-Lethal Crowd Control
- The Cooper Color Code
- The Director Drill
- The Horn Come-Along Technique
- The Lifting Kick
- The Lost Art of Manual Control
- The Power of a Forearm Fuse
- The T-Kick
- The Z Lock
- Toolbox Approach
- Training Drills: Punching Attacks
- Training with Inert OC Spray: Hitting Your Target
- Transitioning from Armbar to Prisoner Lock
- Trap and Stun Technique
- Using Distance Drills in your Control Tactics
- Variations in the Transport Wrist Lock
- Variations of a Foot Trap
- Weapon Takeaways and Take Backs
- Winning Courtroom Confrontations
- Wrist Grabs
- Wrist Twist (Larry Smith)

# **DISPATCH COMMUNICATIONS FOR POLICE**

### FULL LENGTH COURSES

# **Dispatcher Specialized Call Types (Active Shooter)**

2 HOURS

In the first series of the five courses being discussed, this 2 hour Dispatcher: Specialized call types (Active Shooter) online course provides the necessary training in preparing you to handle the high priority/specialized call types that do not happen everyday.

# **Dispatcher Specialized Call Types (Bomb Threats)**

1 HOUR

In the third series of the five courses being discussed, this 1 hour Dispatcher: Specialized call types (Bomb Threats) online course provides the necessary training in preparing you to handle the high priority/specialized call types that do not happen everyday.

# **Dispatcher Specialized Call Types (Chemical Suicides)**

1 HOUR

In the second series of the five courses being discussed, this 1 hour Dispatcher: Specialized call types (Chemical Suicides) online course provides the necessary training in preparing you to handle the high priority/specialized call types that do not happen everyday.

# Dispatcher Specialized Call Types (Missing Persons/Sexual Exploitation)

2 HOURS

In the fourth series of the five courses being discussed, this 2-hour Dispatcher: Specialized call types (Missing Person/Sexual Exploitation) online course provides the necessary training in preparing you to handle the high priority/specialized call types that do not happen every day.

# Dispatcher Specialized Call Types (Sovereign Citizens, Domestic Terrorism, and Lone Wolf Attacks)

1 HOUR

As a law enforcement officer or dispatcher, there is a strong possibility that you will have to handle calls about serious and sometimes deadly attacks. In this one hour course, you will discover the various groups, such as sovereign citizens, domestic terrorists, and lone wolf attackers, their ideologies, and the ways in which they sometimes cause harm. Being able to handle these calls is often vital to the safety of officers and citizens.

# **Dispatcher: Ethics in Public Service**

1 HOUR

This one hour Ethics in Public Service online course provides the necessary training to develop an understanding of how ethics has an effect on the Dispatcher's work and personal life.

# **Dispatcher: Liability And Legal Issues**

1 HOUR

This one hour Liability and Legal Issues online course provides the necessary training to develop an understanding of liability and legal issues in your agency.

# **Dispatcher: Stress Management \***

### 1 HOUR

Stress affects everyone, and stress can affect a person physically and mentally. A number of dispatchers can go through day after day, answering difficult calls for assistance, hearing the cries for help, without becoming overwhelmed or stressed. How is this possible? These dispatchers are not cold, emotionless, or have some special power. What sets them apart from their more stressed coworkers is that they have learned the skills to lower their stress, and they have established a positive balance between their work and their personal lives. Understanding what stress is, identifying it when it occurs, and knowing how to manage and lessen it will help promote a healthier you.

# **Dispatcher: TTY**

### 1 HOUR

According to national surveys, 1 in 20 Americans are currently deaf or hard of hearing, nearly 10,000,000 citizens are hard of hearing, and close to 1,000,000 are functionally deaf. The Americans with Disabilities Act protects the rights of disabled citizens, including those that are deaf or hard of hearing. While this law is generally known to include requirements on handicapped accessibility and the rights of employees, it also addresses access to emergency services like 911. All citizens have the right to emergency services, and this course will dive deeper into how to successfully exercise this right.

# **Domestic Violence Intervention for Dispatchers**

### 2 HOURS

This two-hour Domestic Violence Intervention for Dispatchers course will equip dispatchers with the necessary information to handle a domestic violence call.

# **Handling Missing Children Calls for Dispatchers**

### 1 HOUR

When a missing child call comes into your communications center, timeliness, accuracy, and attention to detail are all critical factors. Knowing what to do and having a plan in place for how to do it can help you ensure that the incident has a positive outcome. In this course, you will learn the importance of handling these calls with professionalism, patience, and empathy. In addition, this course will remind you of the important details you need to capture when taking a missing child call.

### TRAINING BLOCK COURSES

# **Dispatch Communications 1**

### 1 HOUR

Clear communication between officers and dispatchers is crucial and requires both parties to have exemplary listening and interpersonal skills. Videos here discuss the best practices for setting expectations and improving relationships, and provide real life examples of dispatch calls during critical incidents.

Videos in this course include:

- Children and 911 Calls
- Critical Incident Response
- Dispatcher Safety and Survival
- Dispatchers: Staying Positive at Work
- Empowering Dispatchers in a Critical Incident

### • SINGLE VIDEO COURSES

- Critical Incident Response
- Dispatcher Call Handling: Active Shooter
- Dispatcher Call Handling: Bomb Threats
- Dispatcher Call Handling: Chemical Suicide
- · Dispatcher Call Handling: Ethics
- Dispatcher Call Handling: Liability and Legal Issues
- Dispatcher Call Handling: Stress Management
- Dispatcher Safety and Survival

- Dispatchers: Calls Involving Off-Duty Officers
- Dispatchers: Staying Positive at Work
- Empowering Dispatchers in a Critical Incident

# **EMERGENCY RESPONSE FOR POLICE**

### FULL LENGTH COURSES

# **Hostage Negotiations**

2 HOURS

This two-hour Hostage Negotiations online course will teach you the steps to creating a better outcome during a hostage crisis.

# **Understanding Hostage Incidents**

1 HOUR

The chances that you or a fellow officer will be taken as a hostage are slim, yet the chance looms out there as a reminder to remain diligent in your duties. Riots in correctional facilities occur, in some more than others, which makes this training is so important. To deter hostage incidents from occurring, this 1-hour course will help you recognize some of the signs. This training will also give you information to help you survive the case of a hostage situation.

### • TRAINING BLOCK COURSES

### **Environmental Crimes 1**

1 HOUR

Since the states and federal government first began prosecuting environmental crimes more than 25 years ago, the nature of the cases they have investigated and prosecuted has changed dramatically. Over the past 25 years, the states and Congress have enacted tougher, more comprehensive environmental crimes statutes and devoted greater resources to fighting environmental crime. The enactment of new laws and creative use of existing and new resources, through initiatives such as community environmental policing, allow law enforcement to respond to these new challenges.

Videos in this course include:

- Conducting Preliminary Interviews
- Indicators of an Environmental Crime
- Officer Safety when Responding to Potential Environmental Crime Scenes
- The Criminal Investigation Division of the EPA
- Violent EPA Criminals

### **Responding to Emergencies**

As an officer on the street, encountering volatile situations on a regular basis, you must be prepared to defend yourself physically or take control of a violent offender when necessary. The ability to subdue an attacker and prevent harm to yourself and citizens is a critical skill, and the techniques here will teach you to do just that, while also preventing unnecessary harm to the attacker themselves.

# Responding to Emergencies 1

1 HOUR

- Tactical Medicine
- Tourniquet Use: A Medical Director Explains
- Treating a Broken Bone
- Treating a Heart Attack
- What to do When Wounded

# **Responding to Emergencies 2**

1 HOUR

Videos in this course include:

- BARS Technique
- Cardiac Arrest Management Compressions
- Combat Casualty Care
- Emergency Bandage Demonstration
- Responding to Hospital Emergencies
- Self Aid/Buddy Aid
- The Role of the Bystander during CPR
- The Use of Tourniquets
- Using HALO Chest Seal

### SINGLE VIDEO COURSES

- BARS Technique
- Cardiac Arrest Management Compressions
- Combat Casualty Care
- Emergency Bandage Demonstration
- Responding to Hospital Emergencies
- Self Aid/Buddy Aid
- Tactical Medicine
- The Role of the Bystander during CPR
- The Use of Tourniquets
- Tourniquet Use: A Medical Director Explains
- Treating a Broken Bone
- Treating a Heart Attack
- Using HALO Chest Seal
- Utilizing Care for Non-Hostile Incidents (Eric Dickerson)
- What to do When Wounded

# **EMOTIONALLY DISTURBED PERSONS (EDP)**

### FULL LENGTH COURSES

# **Responding to Mental Illness with Compassion**

10 MINUTES

In this video, Pat Doyle, discusses how officers can compassionately respond to subjects with mental illnesses. Officers frequently encounter people suffering from mental illness, so it is important for them to gain proper training in how to effectively and compassionately deal with this segment of the population.

# **Responding to People with Mental Illness**

2 HOURS

As a police officer, you are aware that dealing with mentally ill individuals has become an everyday occurrence. As funding continues to be reduced, the number of persons living in your community with little to no access to adequate mental health care continues to climb. To fully understand how mental illness impacts the individual and the community as a whole, we need to look both at our current situation as well as historical factors. Recognizing the signs and symptoms of the most commonly seen mental disorders will increase your knowledge base, provide you with an understanding of the challenges those with mental illness face, and allow you to actively address the needs of your community. Through this knowledge and understanding, you will gain the confidence to implement safer interactions for yourself and for those suffering from mental illness.

# **Subject Precipitated Homicide**

1 HOUR

This one-hour Subject Precipitated Homicide online course provides the necessary training in addressing your role as law enforcement and the need to understand what exactly suicide by cop is to develop strategies to effectively deal with it.

# Suicide by Cop

1 HOUR

This one-hour Suicide by Cop online course provides the necessary training in addressing your role as law enforcement and the need to understand what exactly suicide by cop is to develop strategies to effectively deal with it.

# Understanding and Responding to Excited Delirium Calls \*

1 HOUR

Whether the mental upset is the result of a chemical intake, emotional despair, mental illness, or cognitive challenges, excited delirium calls often place officers at continuous risk by the unknown that each of these categories presents. Knowing how to deal with a volatile situation, such as excited delirium, reduces the risk associated with the incident for the officer as well as for the subject. With the overarching mission statement of to protect and serve; we must continue to find tactically correct methods for dealing with observed irrational behavior.

# • TRAINING BLOCK COURSES

# **Emotional & Psychological Disorders**

Approaching and interviewing individuals with emotional or psychological disorders often requires officers to employ specialized tactics. Real incidents provided here highlight the unpredictability of these types of calls, with a focus on officer safety and a successful resolution at the forefront of any interaction.

# **Emotional & Psychological Disorders 1**

1 HOUR

Videos in this course include:

- Identifying and Dealing with Excited Delirium
- Managing Calls Involving Emotionally Disturbed Persons
- Reality Training: Dying Dog Scenario
- Reality Training: Elderly Woman with a Knife
- Reality Training: Swamp Baby

# **Emotional & Psychological Disorders 2**

1 HOUR

Dealing with Persons in the Autism Spectrum, Living with an Autistic Child, Mental Illness: The Challenges of Staying on Medication, Non-Escalation vs. De-escalation Verbal Tactics, Reality Training: Kentucky Mental Patient, Responding to Mental Illness with Compassion

- SINGLE VIDEO COURSES
  - Helping Better Serve People in the ASD

### **ETHICS**

FULL LENGTH COURSES

### Ethics In Law Enforcement \*

1 HOUR

This one-hour Ethical and Effective Policing online course is intended to serve as a guide to stress the importance of ethics training, ethical leadership, and how each leadership decision in a police department has an impact.

# **EVOC - LE**

### FULL LENGTH COURSES

# **Defensive Driving Principles**

2 HOURS

The cost of a single accident can easily exceed \$1.4 million dollars not only because of the costs associated with vehicle repair but also insurance premiums, fleet repair bills, workers' compensation claims, and medical bills. When officers apply defensive driving principles to their everyday driving routine, as well as during emergency calls or pursuits, they can mitigate these risks and increase the safety for themselves and everyone around them. In this course, learners will review the principles of defensive driving including braking methods, how the laws of motion impact drivers, and the rules of skid control.

# **Driving Techniques**

1 HOUR

The dependability of your driving skills is based on your knowledge and experience. As an officer, you will likely experience emergency calls and high-speed pursuits that will require all of your skills to maintain control of the vehicle and increase the safety of those around you. In this course, learners will review the tenets of performance driving, the importance of understanding how to traverse curves, and the tried and true driving techniques law enforcement academies teach their cadets every year.

# **Professional Police Driving**

1 HOUR

200 officers are killed in car accidents every year, and more officers are killed from motor vehicle accident than line of duty deaths. As an officer, you are likely to spend a lot of time in your patrol car, and when the time comes for an emergency, knowing how to drive professionally can make all the difference to you and everyone around you on the road. In this course, learners will review permissible conduct for police driving and the state and federal cases that form the laws that protect police pursuits today.

# **Pursuit Driving Basics**

1 HOUR

Police work is already a dangerous activity. Add in the perils of high-speed pursuit driving and all its corresponding components, and you have a recipe for disaster. Although this training can't substitute for real-life driver's training, officers' understanding of the fundamentals of pursuit driving basics can help them to be better and safer drivers on the road, avoid liability for accidents in the course of police work, and implement clear pursuit driving policies that align with state and federal statutes as well as a department's specific philosophy.

# **Vehicle Safety**

1 HOUR

Law enforcement has enough to worry about before each shift—the reliability of your police vehicle shouldn't be another. In order to do your job without hindrances, it's important to have confidence that one of the most important tools of your job is going to perform well. Before you begin each shift, there are some important steps you should take to ensure the safety of your vehicle as well as its operation when in use. In this course, learners will review the pre-shift vehicle safety inspection, proper safety operations, and proper steering techniques. When officers have these basic safety measures under their belt, they and the public know that they are in safe hands.

### FIREARMS TRAINING

• FULL LENGTH COURSES

### **Basic Firearm Safety**

1 HOUR

Whether you have been around firearms all of your life or you are new to firearms, every person has a responsibility to ensure the safety of both themselves and those around them by following basic firearm rules. Firearm safety must never be taken for granted. Departments throughout the United States have specific policies and procedures in place to ensure that accidents don't happen. Yet, even with this training and these policies in

place, accidents still occur. Every individual is responsible for following procedures and diligently practicing firearm safety both on and off the job to make sure that no one is ever injured or killed as the result of a firearm-related accident.

# **Firearms Tactics**

### 1 HOUR

This course presents helpful hints and tactics that may save your life. Before moving into specific firearms tactics, you must develop solid fundamentals. Throughout this hour of instruction, we will extensively cover some of the most overlooked aspects of using a weapon; trigger control and Instinctive Point Shooting.

### TRAINING BLOCK COURSES

# **Equipment Training 1**

### 1 HOUR

Continued training and routine maintenance of equipment is essential to officer survival, both on and off-duty. This course covers practice drills, equipment selection, equipment maintenance, and safety tips.

Videos in this course include:

- Advancements in Forensics Technology for TASER Application
- Carrying a Second Gun
- · Cleaning and Maintaining Your Handgun
- Cleaning Your Equipment
- Firearms Handling and Positions
- Gun Belt Set Up
- Gun Draw Speed Drills
- Practice Drawing your Tools
- Strengthening Your Shooting Grip

### **Firearms**

Firearms training must constantly evolve as new technology emerges. This section covers a wealth of information on safety and equipment, tips for combat situations and breathing technique demonstrations.

### Firearms 1

# 1 HOUR

- Pop Up Drill
- Reality Training: Kitsap Shooting
- Rifle Selection for Police Use
- Selecting a Sling for your Patrol Rifle
- Speed Load vs. Tactical Load
- Strong Hand Only Reload
- Trigger Pull Dry-Fire Drill

### Firearms 2

### 1 HOUR

- Dry Firing Skills
- Failure to Lock Back on an Empty Magazine
- New Life Shootings Survivor Story
- One Hit Qualification
- Patrol Rifle Deployment
- Penny Drill
- Pistol Maintenance

### Firearms 3

### 1 HOUR

- Ammunition Inspection
- Ammunition Selection for your Rifle
- Breathing Techniques when Shooting
- Cleaning Your AR15
- Firearm Kneeling Tactic
- Humility Drill
- Long Gun Retention for the Smaller Officer

### Firearms 4

### 1 HOUR

Videos in this course include:

- · Administrative Load Outside of the Holster
- Defense Against a Knife Attack with a Firearm
- · Dry Fire Training
- Preshift Training Preparing to Win a Gunfight
- Principles of a Shooting Grip

### Firearms 5

1 HOUR

Videos in this course include:

- Administrative Reload from the Holster
- Dealing with Lawfully Armed Civilians
- Designated Marksman
- Handheld Lights vs Pistol Mounted Lights
- Setting Up and Training with Your Patrol Rifle
- Shooting Cycle
- Tactical Reloads

# Firearms 6

1 HOUR

Videos in this course include:

- Different Types of Holsters for Different Sizes of Officers
- Challenges for an Optimal Patrol Rifle Training
- Completing the Drill (John Farnam)
- Handgun Malfunction Drills
- Practice with your Weapon

### SINGLE VIDEO COURSES

- Considerations for Adoption and Use of Patrol Rifle
- Stack and Strip from Weapon Retention

### **GENERAL HEALTH AND WELLNESS**

• FULL LENGTH COURSES

# **Dealing with Stress**

1 HOUR

This one-hour course aims to prepare you with the necessary tools to pick up on the cues indicating that things may be more stressful than just the normal, everyday triggers that ebb and flow in all of our lives.

# **Diabetic Emergencies**

1 HOUR

Diabetes is a growing health concern. Many people are at serious risk and unaware that they are even diabetic. Others may be managing their diabetes, but they may have forgotten to take their insulin, or they forgot to eat and are now having a crisis. You may very well be working with someone who is diabetic and not even know it. If a co-worker were to suffer a diabetic emergency, would you know how to help them? Understanding the signs and symptoms of diabetic emergencies will help you to respond confidently and effectively to help a person experiencing a diabetic emergency.

# Eating Right for Health and Fitness \*

1 HOUR

By 2030, recent reports project that half of all adults in the United States will be obese. In order to feel healthier from the inside out, it is essential to understand what you are eating and how you are eating. In this course, we will tackle the root issue behind these illnesses - lack of proper diet and exercise.

# **High Blood Pressure – Reducing Your Risks**

1 HOUR

This course defines high blood pressure and describes the lifestyle changes that you can make to lower your risk of hypertension while improving your overall health.

# Interacting with the Mentally III as a First Responder \*

1 HOUR

With the increased number of cases in the mental health population as well as greater mental instability within the general public, dealing with the mentally ill has become a common occurrence for first responders. Often lacking is a strong knowledge base and proper tools and techniques for how to handle and interact with these individuals safely and effectively. Proper identification and understanding of the major mental disorders are essential. Additionally, being able to identify the various classes of psychiatric medications and their uses will help the first responder in the identification of the type of mental illness as well as guide his or her interaction.

# Opioid Crisis: Protecting Our First Responders \*

1 HOUR

The increased availability of synthetic opioids coupled with the heroin epidemic has not only led to a significant increase in overdoses and deaths, but also an increased risk to first responders who must come into contact with these substances during the course of their duties. Exposure to small amounts, the size of a grain of sand, can lead to respiratory depression and even death. Proper identification and knowledge of the various opioids, signs and symptoms of exposure, and immediate life-saving measures to be employed in the event of exposure are critical to saving the life of yourself or others. Additionally, the likelihood of first responder exposure requires the implementation of universal precautions including but not limited to personal protective equipment (PPE), Narcan training, and specific procedures for testing of suspected substances.

# **Sleep and Your Health**

1 HOUR

Sleep is an essential part of our lives. Unfortunately, many of us take the importance of sleep for granted. Quite often stress, work, and life in general get in the way of a good nights rest. Poor sleep hygiene impacts not just the individual but society as a whole. Understanding the signs and symptoms of sleep deprivation along with the various sleep disorders will help you to identify potential warning signs in yourself and that of others. There are many effective treatments available for sleep disorders along with various tips and tools for getting better sleep.

# **Smoking Cessation**

1 HOUR

The use of tobacco is one of the most prevalent, deadly, and costly of habits. Smoking is bad for not just your own health but for those around you as well. Recognizing and accepting the reasons why you should quit is half the battle. You need the help and support from effective treatment options to help you quit smoking for good. Lastly, having a realistic plan to quit smoking and knowing about the many resources available for you or others will set you on the path to becoming a non-smoker.

### Stress and Your Health

1 HOUR

This one-hour course explains the importance of understanding and effectively reducing stress in daily life. Stress and Your Health will provide practical applications of stress management.

# **Tourette Syndrome and Other Neurological Disorders**

1 HOUR

Tourettes disorder is the most widely studied and most severe of the tic disorders. Tourettes disorder and the other associated neurological disorders can have a significant impact not only on the daily lives of the persons affected but those around them as well. Understanding the signs and symptoms of Tourettes disorder along with ADHD and OCD will help you to identify the conditions, have a better understanding of these disorders, and an appreciation for the struggles these individuals live with on a daily basis. There are many effective treatments available in the battle against these various disorders along with many resources available for you or others to seek help.

# **Understanding Anxiety Disorders, OCD, and PTSD**

1 HOUR

Anxiety disorders are second only to mood disorders in terms of being the most commonly diagnosed mental disorders. Anxiety disorders can affect anyone and have a significant impact on their daily lives. Understanding the signs and symptoms of the anxiety disorders along with OCD and PTSD will help you to identify potential warning signs in yourself and that of others. There are many effective treatments available in the battle against these various disorders along with many resources available for you or others to seek help.

# **Understanding Autism Spectrum Disorder**

1 HOUR

Autism spectrum disorder (ASD) can cause significant social, emotional, communication, and behavioral challenges. People with autism spectrum disorder interact, behave, and communicate in different ways than most people. People with ASD vary in terms of their abilities and the amount of help they need. ASD can have a significant impact not only on the daily lives of the persons affected but those around them as well. Understanding the signs and symptoms of autism spectrum disorder will help you to identify the unique features of the disorder and have a better understanding of and an appreciation for the struggles these individuals live with on a daily basis. While there are no cures, there are many effective treatments along with many resources available.

# **Understanding Behavior, Burnout and Depression**

1 HOUR

Usually, we all cope with our life situations successfully. Sometimes, however, we may feel overwhelmed by certain events or difficulties. Some people suffer from brief periods of mental illness or instability and then seem to recover completely. Others suffer from mental disorders for most of their lives. Regardless of the cause or the duration of the mental illness, following the completion of this one hour course, you to be able to recognize mental health difficulties.

# **Understanding Carpal Tunnel Syndrome**

30 MINUTES

As you proceed through this course, you'll learn some important facts that will help you to understand better what carpal tunnel syndrome is all about. Some may surprise you, but all of them will help you to make more informed decisions about how to better take care of your hand/wrist health.

# **Understanding Depression and Bipolar Disorder**

1 HOUR

Mood disorders are the most commonly diagnosed of all the mental disorders. Depression and bipolar disorder can affect anyone and have a significant impact on his or her daily life. Understanding the signs and symptoms of these two conditions will help you to identify potential warning signs in yourself and that of others. There are many effective treatments available in the battle against depression and bipolar disorder along with many resources available to seek help.

# **Understanding Eating Disorders**

1 HOUR

Eating disorders are treatable medical illnesses which include anorexia, bulimia, and binge eating disorder. Quite often, eating disorders coexist with other mental disorders such as anxiety disorders, depression, and substance abuse. Eating disorders can become life-threatening if a person does not receive proper treatment. Understanding the signs and symptoms of the eating disorders will help you to identify potential warning signs in yourself and that of others. There are many effective treatments available in the battle against eating disorders along with many resources available for you or others to seek help.

# **Understanding Nutritional Information and Labels**

30 MINUTES

In the 21st Century, Americans have become more health-conscious than ever before. Along with regular exercise, good nutrition has become a focus of attention for anyone wanting to maintain a healthy lifestyle. The companies whose products line supermarket shelves have attempted to offer guidance to food consumers wanting to make healthy food choices by providing nutrition labels on their products. But what does this information one these labels mean? In addition, what's the difference between "reduced sodium" and "low sodium?" What makes food "organic?" This course will help decipher the terminology of nutrition and make it more understandable for consumers.

# **Understanding Prediabetes**

1 HOUR

Diabetes is a growing health concern. Many people are at serious risk and unaware of it. Prediabetes is the precursor to diabetes. This means you can reverse your path to diabetes with lifestyle changes. Diabetes can affect anyone and have a significant impact on their daily lives. Understanding the signs and symptoms of the prediabetes will help you to identify the warning signs and risk factors in yourself and that of others. There are many preventive measures you can start today in the battle against diabetes along with many resources available for you or others to get more information.

# **Walking Your Way to Fitness**

1 HOUR

Nobody plans to get out of shape. With the challenges of everyday life that most adults cope with, sometimes it just sneaks up on us. When it does, some will make excuses for why they can't exercise; still, others jump full tilt into a rigorous program and either hurt themselves or simply burn out. The key to starting an exercise program after a sedentary lifestyle is to start slow and do something that won't be too rigorous or too expensive. In this course, the learner will explore some common sense approaches to getting back into shape with a focus on starting a walking program.

# Yoga for First Responders

1 HOUR

First responders serving in emergency response can experience physical health issues which range from chronic pain to difficulty sleeping. They are also at risk for post-traumatic stress and are routinely challenged to perform high-stress situations. Yoga practice is effective for reducing the impact of stress experienced by emergency personnel and increasing resiliency to support improved performance in crisis situations. This course explains the scientific basis for yoga practice to support emergency personnel and provides introductory yoga practices appropriate for any first responder. No experience is necessary and flexibility is not a requirement. Although most people associate yoga with poses, this course highlights the most important and beneficial aspect, tactical breathwork. This course will allow you to experience yoga practice and consider what types of yoga may be a good fit for you. Also included are strategies for incorporating yoga in emergency personnel units.

### **GENERAL MANAGEMENT SKILLS**

### FULL LENGTH COURSES

# **Conflict and Dispute Resolution**

1 HOUR

Conflict is part of everyday life in law enforcement, so learning how to apply principles of conflict and dispute resolution to your job is critical to diffusing conflict before it can escalate to dangerous levels. In this course, learners will explore the underlying causes of conflict as well as techniques for handling these conflicts in the field. Learners will also discover the importance of using effective communication skills.

# **Employee Recognition \***

1 HOUR

Employee recognition is a communication device that reinforces and rewards the most important outcomes for an organization. As an employer, you will explore how to effectively design recognition programs, deliver genuine recognition and establish win-win relationships with your employees.

# **Employee Retention \***

1 HOUR

The cost of employee turnover is outrageously high—estimates show that it can cost an employer anywhere between \$45,000-\$150,000 to replace an employee. Retaining talented employees requires a concerted effort on the part of companies and managers. In this course, learners are provided an overview of traditional and modern retention methods, practical tips for open communication with employees, and top reasons why managers and companies fail to retain employees.

### **Generational Differences**

1 HOUR

Generational differences influence nearly every facet of your organization, from hiring and recruiting, dealing with change, training, retaining employees, and communication. How can your organization better understand these differences and use these generational differences in a beneficial way? In this course, learners will examine the four most prominent generational workers, their core values, and how these come into play in the workplace.

# **Goal Setting Skills**

30 MINUTES

This course trains employees to understand the importance of goal setting and how to set them effectively. It also helps them recognize barriers to implementing and achieving goals.

# Interviewing Skills for Managers: Conducting an Interview

1 HOUR

This course is designed to provide managers with the knowledge and skills to recruit and onboard the right talent. Behavioral interviewing is a proven hiring technique that will allow you to hire candidates who have the necessary skills to perform at the highest level on a job. This technique has a higher percentage than traditional interviewing processes for predicting the future of job candidates.

# Managing Risk in an Aging Workforce

30 MINUTES

Did you know that the American workforce is getting older? Almost one-third of the U.S. population was born between 1945 and 1965, and the oldest members of this group are either retired or preparing to retire. Many organizations often overlook large-scale trends in the American population as potential risk factors. Demographic trends in the workforce, however, can significantly impact your organization's ability to operate efficiently and effectively. Because long-term planning is often neglected, this course will provide learners with information necessary to identify demographic risks to your operations and will provide possible strategies that can be employed to address these concerns before they negatively impact your organization.

# **Meeting Management**

1 HOUR

Every day at workplaces around the country, employees huddle in conference rooms to tackle a wide range of issues. Most meetings, however, are almost universally perceived by employees to be an unproductive, costly waste of time. Through poor planning and flawed execution, organizations are not fully maximizing the potential value a meeting can yield. In this course, we will examine some measures that can be taken to help you get more out of meetings, which, in the end, will lead you to a happier and more productive work environment.

# **Parliamentary Procedures**

1 HOUR

Whether you are an experienced leader or just beginning your role as a leader or member, knowledge of parliamentary rules and procedures is essential to conduct efficient and high-quality meetings. Every member needs to be aware of the methods of good procedure, and leaders need to be well-versed in the use of proper techniques. Good parliamentary procedure not only ensures order, it ensures justice to everyone, provides productive use of limited time, and ultimately gives everyone a sense of self-confidence. Defining roles and responsibilities, explaining the various types of meetings, and discussing the various ways to make a motion are critical to your success on any board, committee, or any organized formal meeting.

# **Performance Management**

30 MINUTES

This course will help your managers understand the importance of performance management, both in annual reviews as well as through an ongoing process.

# **Providing Effective Onboarding**

1 HOUR

Organizations understand the importance of quickly assimilating a new hire to ensure success for the organization. This course explores the elements of onboarding and how to build an effective onboarding program by providing support tools, resources and best practices.

# **Retaining Talent**

1 HOUR

One of the most critical issues facing organizations today is how to retain their employees. Yet nearly one-quarter of all U.S. workers quit their jobs in 2006, and in some industries, the turnover rate is considerably higher. This one-hour course will educate employers on how to retain talent in their organization.

# **Running an Effective Board Meeting**

1 HOUR

Are your board members complaining behind closed doors? Are they frustrated that some board members are ill-prepared? Do they feel like their input is being overshadowed by other members? These are some of the common complaints by those who feel that board meetings are a waste of time and resources. Board member dissatisfaction is a huge barrier to the boards work. This course will focus on how to turn mentally-draining, routine meetings into meetings that are efficient and purposeful.

# Science of Employee Engagement

1 HOUR

This one-hour course in the Science of Employee Engagement delves deeper into the motivation, opportunities, and the science of engagement in the workplace.

# Shaping an Ethical Workplace Culture \*

1 HOUR

Workers create an organization's culture of credibility, integrity, and excellence. When a group of employees honors an environment of ethical principles and foundation, the organization benefits from the culture. The instructional goal of Ethics in the Workplace is to highlight the importance of ethical behavior choice, examine ethical decision-making, and discover consequences of individual ethical attitudes on the organization as a whole.

# **Successful Customer Interactions**

1 HOUR

There is a strong correlation between customer satisfaction and the success of a business or department. Welcoming customers means working to create satisfied customers from the inside-out. When local government creates satisfied customers, we create empowered and informed citizens. In this course, learners will discover how to interact as co-workers and service providers. We will also cover understanding the customer goal and how to create goals that will lead to successful customer interactions.

# The Aging Workforce: Leveraging the Talents of Mature Employees

1 HOUR

Mature workers are generally defined as workers over age 55 with substantial experience. These skills are honed during decades of employment. Retaining talented, mature workers and recruiting new ones is simply good business for most organizations.

# **GENERAL PROFESSIONAL SKILLS**

• FULL LENGTH COURSES

# **Basic Telephone Skills**

30 MINUTES

This course is designed to ensure all workers understand how to make a positive impression by the way they manage calls and messages. While technology allows for more communication, good communication still depends upon the people handling the conversations. With a few basic communication skills appropriate for today's workplace, anyone in an organization can handle telephone calls professionally and effectively.

# **Business Writing Basics**

1 HOUR

Business Writing Basics provides a foundation for planning and writing various forms of business documents. Communicating effectively in writing has always been a requirement for many jobs, but with internet use reaching critical mass, its now a key skill for most jobs.

This course guides you through the business writing process. Beginning with the considerations prior to putting pen to paper, or fingers to keyboard. Then receive tips and tricks for creating an effective document through style and structure, language use, and flawless spelling and grammar.

### **Career Professionalism**

30 MINUTES

This course illustrates how accepting personal responsibility for our own actions and everything that happens in our life helps us raise our level of expectations regarding our behavior and our goals. We stop acting like victims and start acting like persons in control of ourselves and our lives.

### **Developing Effective Communication Skills**

1 HOUR

Communicating with coworkers, clients, and management is a core activity for most positions. If you communicate effectively, you are more likely to achieve success in your career and personal life. Being a good listener and knowing how to write effective documents will also ensure your success as a communicator. This course will provide you with tools and suggestions on how to accomplish this goal.

# **Developing Leadership \***

1 HOUR

Leaders are at every level of an organization. Developing the necessary leadership skills is essential to the organization's success. This course will present leadership development planning, characteristics, styles, and opportunities to expand the learners leadership talent.

### **Effective Presentation Basics**

1 HOUR

Public speaking is one of the biggest fears for most people. Just the thought alone of having to stand in front of a large group of people and speak for any length of time is enough to send some people into hiding. But public speaking is an important part of life for some, especially those whose jobs require it. In this course, we will explore the components of effective presentations, how to best prepare for a presentation, and strategies for giving a presentation that engages the audience with passion and energy while decreasing anxiety levels for the speaker.

# **Emotional Intelligence for Leaders \***

1 HOUR

There are many traits and characteristics of a good leader, but recent research has discovered the impact emotional intelligence plays in a leaders success. This course will instruct and provide leaders with techniques to grow and develop in their emotional intelligence and become better leaders.

# **Enhancing Work Relationships**

1 HOUR

The average person will spend 90,000 hours at work over a lifetime. This means that the relationships we build with our co-workers play a significant role in our lives. In this course, learners will explore a variety of tips and techniques for engendering and enriching relationships at work such as building trust and respect, focusing on listening, assertiveness, and conflict resolution.

# **Finance 101 for Non-Financial Managers**

1 HOUR

Successful managers create budgets that align with the department and the organization's strategic goals. They are diligent to manage and yet flexible to adjust their budgets as needed. This course equips non-financial managers to successfully analyze financial data, and create and manage budgets.

# Leadership v. Management

1 HOUR

Management and leadership are terms that are frequently used interchangeably; however, they are not the same thing. They have quite distinct meanings. The two do have similarities, but they also have important differences. This course is designed to help you understand the difference between leadership and management and why these differences are important.

# **Press Conference and Briefing Basics**

1 HOUR

Holding a press conference or briefing is an essential way to spread important information to a variety of sources. This course focuses not only on when and why to hold a press conference but the elements involved in planning a successful conference. The event planning element includes determining the optimal time, date, and location, while media planning includes how to assemble a media kit, the key to successful talking points, and creating an event timeline. This course also includes information on developing a crisis response plan that can be utilized for a press conference.

# **Skills for the New Trainer**

1 HOUR

Sharing one's knowledge and experience can be highly rewarding, and whether you've become a recent trainer due to interest or professional request, you may not know all the important skills a trainer needs to successfully impart his or her knowledge. In this course, learners will examine the necessary skills of an effective trainer and adult learning principles, as well as an in-depth view of the ADDIE model and other ways to plan and manage any training program.

# **Supervisor Skills 101**

1 HOUR

This one-hour course provides an overview of the skills supervisors, and managers need to manage employees effectively. Supervisors and managers are the backbone of the business - linking upper management to the body of the organization. Effective supervisors and managers must possess a variety of skills to be successful in the workplace. This course focuses on effective communication, responsibilities of a Supervisor, leadership skills, and organizational development.

# Supervisor Skills 201

1 HOUR

This one-hour course will cover how supervisors and managers can continue to build a basic foundation of the vital skills necessary to manage their employees. During this course, you will gain a better understanding of five additional key skills that supervisors and managers must possess to be successful. The skills shared in this course are those which can be learned and mastered through both education and practice. They include implementing change, promoting fundamental values, using good judgment, producing results, and developing your team.

# **Time Management Skills**

1 HOUR

Time can feel like a fleeting object. With only so many minutes in the day to accomplish all of the tasks you set out to do, its important to be able to manage your time wisely and effectively. In this course, learners will explore the ways they can manage their time, defeat procrastination, and accomplish their goals not only in the workplace but also their personal lives.

# **Transition from Peer to Supervisor**

1 HOUR

Congratulations! You have just been promoted to a leadership role in your company. This marks a significant milestone in your career, and with it comes greater responsibility. Not only is your title different but so is how you are viewed by your fellow employees now that you are their supervisor. Recognizing how to handle the transition from peer to supervisor will make your recent advancement go much more smoothly. There are a number of communication and leadership strategies as well as recommendations on how to create a successful management style your peers can get behind.

### **Workplace Stress Resiliency \***

1 HOUR

Stress in the workplace is a normal occurrence, and it doesn't always have to be negative. But when stress does become too much to bear, it can interfere with productivity and performance, and it can even impact your physical health and emotional well-being. In this course, learners will explore how workplace stressors can affect your life both in the workplace and at home, as well as the ways you can reduce stress, improve job satisfaction, and increase your physical and emotional health.

# Writing an Effective E-mail

30 MINUTES

This course covers the various components of an e-mail message, techniques for communicating effectively through e-mail, and appropriate styles for different types of e-mail messages.

# **GENERAL SAFETY/COMPLIANCE**

FULL LENGTH COURSES

# **Absorbents and Spills**

30 MINUTES

In this course, the learner will be exposed to best practices for preventing spills in the work area, gain insight on how to deal with a spill and finally, gain knowledge as to why floor drains are rapidly becoming extinct and what best practices are related to floor drains and spilled fluids.

# **Advanced Defensive Driving Techniques**

1 HOUR

This course concentrates primarily on advanced defensive driving techniques. You will be given instruction on how to drive defensively in adverse conditions including heavy rain, snow, and ice. We will further discuss how to share the roadways with other motorists, cyclists, and pedestrians.

# Airborne and Bloodborne Pathogens

1 HOUR

The First Responder must have knowledge of the appropriate personal protective equipment when responding to an emergency to protect the first responder against airborne and bloodborne pathogens. In this course sponsored by Decon7 Systems, learners will review the different airborne and bloodborne pathogens they will most commonly be exposed to with discussion of a new bloodborne pathogen as well as the equipment and preventative measures that should be taken for those pathogens.

# **Back Injuries**

1 HOUR

According to the Bureau of Labor Statistics, musculoskeletal disorder injuries accounted for 33% of all worker injury and illness cases. Whether these injuries stem from occupational hazards or poor health, they can cost both employers and employees time, money, and energy. In this course, we will focus on the causes of back pain, ways to prevent back pain through proper lifting techniques and workplace ergonomics, and how to properly treat current back pain in order to better prevent future injuries.

### **Basic First Aid**

2 HOURS

In the event of an emergency, would you know what to do to help yourself or someone else? Could you render potentially lifesaving assistance until first responders arrived? You never know when or where a medical emergency will occur. If a co-worker were to be injured, you could be their best chance of survival. Understanding basic first aid will help you to respond confidently and effectively to various emergencies that may occur whether at home, in the workplace, or anywhere you may be.

### **Bloodborne Pathogens for First Responders**

1 HOUR

This Bloodborne Pathogens online course provides the necessary training in accordance with Occupational Safety and Health Administration (OSHA) Bloodborne Pathogen Standard 29 CFR 1910.1030 for firefighters and is appropriate for emergency responders.

# **Business Continuity**

1 HOUR 30 MINUTES

In this course, the learner will find out why business continuity planning is essential, learn to recognize the forms in which disasters strike and the categories in which they fit, gain understanding of the importance of organization assets and the recovery time objective for each item and finally, learn to identify the eight categories that should be incorporated into every business continuity plan.

# **Computer Security Basics**

30 MINUTES

This course will help your employees keep their personal and business information and files safe from viruses and other dangers.

### **Confined Spaces 101**

1 HOUR

This one hour course will educate both employers and employees who work in confined spaces on how to develop a safe work environment that complies with federal regulations. Because confined spaces are potentially dangerous, this course will explain the confined and permitted spaces. It will also define how to identify Permit Spaces (Section 1203(a)) and the employer responsibilities around precautions whenever workers enter or work in a dangerous space.

# **Confined Spaces 102**

1 HOUR

This one hour course will continue to educate both employers and employees who work in confined spaces on how to develop a safe work environment that complies with federal regulations. It will focus on permitted spaces as well as non-permitted areas. (Section 1203(g)). It also explains alternative procedures for certain permit spaces (Section 1203(e)). Worker Training, Rescue and Emergency Services and Sewer System Entries. The course also covers code sections 1207 through sections 1211.

# Crisis Management

1 HOUR

This course is designed to help all departments, organizations, and agencies within the public sector prepare for just such an event.

# **Dealing with Cold Stress**

1 HOUR

When working outdoors in the cold or working in artificially cold environments, such as refrigerated areas, serious cold-related injuries and illnesses may occur. Cold-related hazards have the ability to cause permanent tissue damage or even death. This course will help individuals recognize the health risks associated with cold stress, identify methods for minimizing its effects, and recognize the symptoms of hypothermia and frostbite.

# **Dealing with Heat Stress**

1 HOUR

As the fall and winter fade, spring and summer bring allergies, a variety of pests, and extreme heat. Although you can't predict the weather, heat exposure must be addressed head on to avoid serious harm and injury. This course will help individuals recognize the health risks associated with heat stress, identify methods for minimizing its effects, and recognize the symptoms of heat stroke and exhaustion.

# **Defensive Driving Basics**

1 HOUR

This course will dive into the basics of defensive driving, including its definition, purpose, and importance, as well as the factors that play an important role from the driver's perspective. We will also discuss the equipment and judgment necessary for driving safely, as well as review the types of impairment that should be avoided to increase driver safety.

# **Driving While Distracted \***

2 HOURS

According to the National Center for Statistics and Analysis, every day 9 people die and over 1,000 are involved in a car accident as a result of distracted driving. No matter how long you have had your license, how good of a driver you are, or how safe the roads are, we are all susceptible to driving while distracted. This course will cover the different types of distracted driving, how to avoid each type, as well as evaluate examples of distracted driving in order to focus on how to improve your safety on the road.

# **Electrical and Fire Safety**

1 HOUR

This course will help employees identify the most common electrical hazards and flammables. It will also help them learn what to do in case of a fire and how to recognize and use the different types of fire extinguishers.

# **Emergency Preparation and Egress**

1 HOUR

An emergency can happen at any time or place. Having the knowledge and skills to successfully deal with an emergency can save your life and the ones around you. This course will explore the concept of preparing for and responding to an emergency in the manner that provides the best chances for survival.

# **Equipment Safety**

1 HOUR

More than 6,000 people fall off a ladder and die each year, and over 400,000 people deal with power tool injuries each year. With these numbers in mind, equipment safety can no longer be a topic that is overlooked. This course will help employees maintain a safe and efficient workplace by first exploring the different types of ladders and equipment used for materials transport, recognizing the risks of improper use as well as safe usage techniques, and then identifying the appropriate personal protective equipment (PPE) to wear.

# **FEMA Benefit-Cost Analysis Fundamentals**

30 MINUTES

At the end of this course, the learner will be able to: Explain basic BCA theory; Explain basic flood concepts; List and locate additional BCA resources.

# FEMA Emergency Support Function #6: Mass Care, Emergency Assistance, Housing, and Human Services

1 HOUR

Every community in the United States faces risks from emergencies and disasters. Communities prepare by gathering information about the specific risks they face and developing plans to meet those risks. They also share that information with the people in the community so they can take the appropriate measures to help themselves. Individuals and families can prepare for self-sufficiency following an event by developing a household disaster kit that includes medications, food, and water for themselves and their family pets, and by purchasing appropriate hazard insurance. In this course, you'll learn that Federal, State, tribal, local, and voluntary agency partners work together to accomplish the ESF #6 mission and help people through the recovery process.

# **FEMA Fundamentals of Emergency Management**

4 HOURS

The goal of IS-0230.d: Fundamentals of Emergency Management is to introduce you to the fundamentals of emergency management. This course presents emergency management as an integrated system with resources and capabilities networked together to address all hazards. This is the first course in the Federal Emergency Management Agency (FEMA) Emergency Management Institutes independent study Professional Development

# **FEMA Fundamentals of Risk Management**

2 HOURS

This course will introduce the essential role of risk management at the Department of Homeland Security (DHS). As a member of the DHS workforce, it is imperative that you have a general awareness of the concept of risk management and its applications to homeland security and your job within the Department.

# FEMA Integrated Public Alert and Warning System (IPAWS) for Alerting Authorities

2 HOURS

The integrated Public Alert and Warning System (IPAWS) Program Management Office designed this course to provide Alerting Authorities with an increased awareness about Collaborative Operating Groups (COGs), how they are issued, their structure, their capabilities, and their responsibilities, and skills to draft more appropriate, effective, and accessible warning messages using best practices in alerting.

### **FEMA Introduction to Homeland Security Planning**

2 HOURS

This course provides basic homeland security planning and encourages you to learn more about the planning process.

## FEMA IS-702 NIMS Public Information Systems

3 HOURS

The National Incident Management System (NIMS) provides a consistent nationwide template to enable all government, private-sector, and nongovernmental organizations to work together during domestic incidents. This includes public information.

## FEMA ICS-200: ICS for Single Resources and Initial Action Incidents

3 HOURS

ICS 200 is designed to enable personnel to operate efficiently during an incident or event within the Incident Command System (ICS) and provides training on and resources for personnel who are likely to assume a supervisory position within the ICS. The Emergency Management Institute developed ICS its ICS courses collaboratively with: - National Wildfire Coordinating Group (NWCG) - U.S. Department of Agriculture - U.S. Fire Administration's National Fire Programs Branch Note: IS-200.b is an updated version of the IS-200 course. If you have successfully completed IS-200 or IS-200.a, you may want to review the new version of the course. For credentialing purposes, the courses are equivalent. This course is NIMS compliant and meets the NIMS Baseline Training requirements for IS-200. - IS-100 Introduction to the Incident Command System is required. Completion of IS 700A, National Incident Management System (NIMS), An Introduction is recommended.

# **FEMA Social Media in Emergency Management**

2 HOURS

Social media has grown, not only as another major channel for broadcasting emergency communication to the public, but also as a means of conversing and engaging with the public as a whole community during emergencies. Whether in preparation for, in response to, or recovery from an emergency event, conversations are occurring on social media networks.

## FEMA Surveillance Awareness: What You Can Do

1 HOUR

The purpose of this course is to make critical infrastructure employees and service providers aware of actions they can take to detect and report suspicious activities associated with adversarial surveillance.

## FEMA The Role of Voluntary Organizations in Emergency Management

2 HOURS

Voluntary agencies have helped meet the needs of individuals and communities affected by disasters since the 1800s. Today, they serve a critical role in the emergency management field from helping communities prepare for and mitigate the effects of disasters to providing immediate response and long-term recovery services. Without the support, dedication, and expertise of voluntary agencies, the government would be unable to address all the needs of disaster-affected communities. The overall goal of this Independent Study course is to increase awareness of the roles and responsibilities of voluntary agencies in emergency management.

### **FEMA Wildfire Mitigation Basics**

1 HOUR

How can you prevent injury and damage resulting from wildfires? This course will describe how to inform the public on ways to reduce wildfire damage and how to reduce or eliminate future damage from wildfires.

### **Fall Protection**

1 HOUR

In construction, more deaths are caused by falls than any other hazard. Falls account for over a third of the 700 plus construction deaths that occur each year. Workers performing tasks six feet or more above ground level are at risk of fatal falls or serious injuries.

### Global SDS and the Hazardous Communication Standards

1 HOUR

Whether you are involved in the production, transport, handling, use or disposal of hazardous materials, you need to be aware of the various health, physical, and environmental hazards associated with these chemicals. The Globally Harmonized System of Classification and Labeling of Chemicals (GHS) and the Safety Data Sheet (SDS) format is the next generation of the Hazard Communication Standard (HCS). Knowing what GHS is and how it is applied will ensure you have a strong base of knowledge for your role. We will provide a thorough understanding of what information can be found on the SDS as well as the ability to recognize the pictograms used to label hazardous materials.

### **HIPAA: Protected Health Information For Public Entities**

1 HOUR

This one-hour course focuses on HIPAA Regulations as it relates to Protected Health Information. In this course, the learner will be learn what type of information can be disclosed, as well as the penalties for releasing information that cannot be disclosed.

## Hazmat First Responder Awareness (FRA) Level I

2 HOURS

This Hazmat First Responder Awareness course assists the First Responder in recognizing the hazardous substance and understanding how to respond.

## **Highway Incident Safety Guidelines for Emergency Responders**

2 HOURS

This two-hour course will equip you with the information needed to properly facilitate at the scene of a traffic incident.

## **Ladder Safety**

1 HOUR

This one hour course will educate you to ladder safety and the limitations and restrictions of ladders. It will also discuss the appropriate safety techniques you should practice. Additionally, this course will address the danger of a fall. Even the smallest of step ladders can result in significant injury.

### Lockout/Tagout

30 MINUTES

This course will provide an introduction to what employees are required to know about OSHAs standard on Lockout/Tagout. It defines the requirements for workers performing service or maintenance on machinery and equipment may be exposed to injuries from the unexpected startup of the machinery or equipment or the release of stored energy in the equipment.

### Means of Egress

1 HOUR

You are at your desk working quietly when you hear a blaring fire alarm wailing throughout your office building. There is confusion and panic as your co-workers try to locate the appropriate exit. This course will give you the skills and knowledge to be able to understand and apply the concepts of your emergency plan.

### **Personal Protective Equipment**

1 HOUR

Companies spend approximately \$170 billion a year accommodating for workplaces injuries and illnesses. Around \$1 billion goes towards injured employees and their medical providers each week. The next time you consider the amount of each piece of personal protective equipment (PPE) costs, consider the cost it prevents. This one-hour course will better inform you about PPE and how wearing the proper equipment will create a safe and comfortable working environment for both you and your co-workers.

# **Preventing Accidents in the Workplace**

1 HOUR

When we think of the word accident, some of the first things that may come to mind are the terrible traffic collisions we so often see. While those accidents are certainly serious, a staggering number of accidents occur in the workplace each year. In this course, we will focus on the types of injuries that occur, and how they can be avoided.

## **Preventing Slips, Trips, and Falls**

1 HOUR

Slip, trip, and fall accidents are a leading cause of deaths in the workplace. The Bureau of Labor Statistics reports over one million slips, trips, and falls each year. These workplace injuries incur high rates of lost work and medical costs; it will benefit employers and employees alike to understand the risks involved and learn ways to avoid this type of hazard. In this course, the learner will learn how to identify where slips, trips, and falls are most likely to occur, list how to minimize the risk of workplace accidents, and recognize the importance of personal responsibility in risk management.

## **Public Employee Safety in the Community**

30 MINUTES

Public employees whose work involves visiting the homes of citizens need awareness of the potential risks they might encounter in that process. Whether dog bites, slick sidewalks and pavements, or citizens themselves, employees should be prepared for anything. This course identifies some of the inherent risks and what you can do to minimize your physical risks.

# Safeguarding Your Community from Terrorism

1 HOUR

As a result of 9/11, several valuable lessons were learned by the U.S intelligence community, the military, and law enforcement. It exposed our weaknesses of being unprepared and a lack of urgency in addressing red flags. In this course, the learner will gain an understanding of the mind of a terrorist as well as how to identify suspicious activities that occur in your community.

### **HEALTH AND WELLNESS FOR POLICE**

• FULL LENGTH COURSES

## **Bloodborne Pathogens**

2 HOURS

This Bloodborne Pathogens online course provides the necessary training in accordance with Occupational Safety and Health Administration (OSHA) BloodBorne Pathogen Standard 29 CFR 1910.1030 for law enforcement officers.

### Bloodborne Pathogens (1 hour)

1 HOUR

This Bloodborne Pathogens online course provides the necessary training in accordance with Occupational Safety and Health Administration (OSHA) BloodBorne Pathogen Standard 29 CFR 1910.1030 for law enforcement officers.

## Law Enforcement and the Family Dynamic \*

1 HOUR

This one hour course provides valuable tools to cope with any emotional situation for the Police Officer when it comes to the family dynamic. This course explores on how to transform your communications through understanding personality traits, relationships using the DISC model, your love languages and the language of apology. These lessons are a catalyst to transform all parts of your life!

### Officer Wellness & Mental Health Awareness \*

#### 2 HOURS

This course satisfies the Missouri Mandate 2017 Continuing Education Requirement for Law Enforcement, with two hours of Officer Well-Being & Mental Health Awareness Training. Officer Well-Being and Mental Health Awareness training is essential to the safety and welfare of law enforcement personnel around the world. Peace officers are unique individuals with a commitment to serve and protect at the core of everything. A moral compass drives officers personally and professionally more so than any other occupation. This course aims to assist law enforcement personnel with the tools necessary to ensure the officer is prepared mentally and physically to endure the stress from the call of duty. This course will cover a holistic approach to officer well being and mental health awareness.

#### **Suicide Prevention for Law Enforcement**

#### 1 HOUR

This one-hour course provides law enforcement officers with the proper tools to prevent and address suicide prevention as it relates to mental illness.

### TRAINING BLOCK COURSES

### **Children and Law Enforcement**

#### 1 HOUR

The abuse, disappearance, or loss of a child is hard, not only for the family but also on the officer involved in the case. This one-hour training block will touch on tools and resources available to law enforcement in the event of a child related crime as well as the importance of helping officers involved in a case where the death of a child has occurred.

Videos in this course include:

- How the Death of a Child During a Call Affects Police Officers
- Helping Officers in Crisis After the Death of a Child During a Call
- Collaboration Between Agencies in Child Abuse

#### Fitness & Nutrition

Physical and psychological stress can take a toll on officers' health. This section provides an array of wholesome advice such as preventive measures for avoiding lower back injury, effective fitness programs, and nutrition for peak performance.

### Fitness & Nutrition 1

### 1 HOUR

Videos in this course include:

- · Memory and Decision Making
- Realistic Nutrition for Shift Workers
- Staying Hydrated on Duty
- Stress and Use of Force
- Task Specific Obstacle Course for Police Fitness

## Fitness & Nutrition 2

## 1 HOUR

Videos in this course include:

- Fitness with Di Naso: Prehab Shoulders
- Fitness with Di Naso: Prehabilitation Back
- Fitness with Di Naso: Working the Core
- How to Structure an Academy Fitness Program
- Improving Training with Competition

### Fitness & Nutrition 3

#### 1 HOUR

Videos in this course include:

- Fitness with Di Naso: Bench Squat
- Fitness with Di Naso: Front to Backward Lunge
- · Fitness with Di Naso: Lat Pull Down
- Fitness with Di Naso: Medicine Ball
- Nutrition for a Busy Lifestyle

### Fitness & Nutrition 4

#### 1 HOUR

Videos in this course include:

- Fitness with Di Naso: Bench Press
- Fitness with Di Naso: Split Squat
- Innovations in Police Academy Training
- Job Stress: Myths and Truths

### Fitness & Nutrition 5

#### 1 HOUR

Videos in this course include:

- Eating Patterns
- Fitness for Lower Back
- Fitness with Di Naso: Pull-Up
- Fitness with Di Naso: Push-Up
- Fitness with Di Naso: Self Assessment

### **Law Enforcement Stress Indicators**

#### 1 HOUR

In this course, officers will explore how to handle emotionally stressful events such as officer-involved incidents or the death of a child on call. It also explains the importance of allowing the officer to be human.

Videos in this course include:

- Managing Stress in the Wake of an Officer-Involved Shooting
- How the Death of a Child during a Call Affects Police Officers
- Reality Training: Officers in Crisis Part 1
- Reality Training: Officers in Crisis Part 2

## Officer Well-Being

### 1 HOUR

Law Enforcement Officers are put into stressful situations every day. As a result, it is imperative that they receive the support and care that they deserve--whether that be from their agency, family, or from the general public. This one-hour training block will touch on the importance of recognizing the sacrifices of law enforcement officers, understanding the importance of wellness programs, and the benefits of addressing mental health in officers.

Videos in this course include:

- The Process to Wellness
- Officer Wellness with Brian Nanatavy
- Unconditional Respect
- The Pursuit of Total Wellness
- Wellness Program for LEOs

### • SINGLE VIDEO COURSES

- Eating Patterns
- Fitness for Lower Back
- Fitness with Di Naso: Bench Press

- Fitness with Di Naso: Bench Squat
- Fitness with Di Naso: Front to Backward Lunge
- Fitness with Di Naso: Lat Pull Down
- Fitness with Di Naso: Medicine Ball
- Fitness with Di Naso: Prehabilitation Back
- Fitness with Di Naso: Pull-Up
- Fitness with Di Naso: Push-Up
- Fitness with Di Naso: Self Assessment
- Fitness with Di Naso: Split Squat
- Fitness with Di Naso: Working the Core
- Managing Your Stress
- Overcoming Weight and Fitness Issues
- Self-Care for Warriors
- Tactical Yoga for First Responders
- The Bulletproof Mind

### **HUMAN RESOURCES**

#### FULL LENGTH COURSES

## **ADA Compliance in Business**

#### 1 HOUR

The American Disabilities Act provides people with disabilities with equal employment opportunity. In business, compliance can be complex and be challenging at times. This course is designed to provide leaders, managers and governmental staff with the knowledge and skills of ADA compliance. It is imperative to meet the proper protocols within an organization to effectively provide opportunities for all employees, but special attention should be paid to those with disabilities.

## Acoso Sexual en el Lugar de Empleo

### 1 HOUR

El acoso sexual en el puesto de trabajo puede ocurrirle a cualquier persona, hombre o mujer, sin importar su orientacion sexual. La gran mayoria de las empresas tienen una politicia de tolerancia cero cuando se trata del acoso sexual. El comportamiento inadecuado en el lugar de trabajo puede conllevar consecuencias significantes tanto para usted como para la entidad laboral que lo emplea.

## **Acoso Sexual para Gerentes**

#### 2 HOURS

El acoso sexual en el puesto de trabajo puede ocurrirle a cualquier persona, hombre o mujer, sin importar su orientacion sexual. De hecho, el acoso sexual estacute; presente en la actualidad. La gran mayoria de las empresas, tienen una politica de tolerancia cero cuando se trata del acoso sexual. El comportamiento inadecuado en el lugar de trabajo puede reportar consecuencias significantivas tanto para usted como gerente y para su empresa o entidad laboral.

# Anti-Harassment in the Workplace \*

### 1 HOUR

Harassment in the workplace is a serious issue that requires a thorough understanding to promote awareness and ultimately prevention. It can happen to anyone, male or female, regardless of race, religion, age, or sexual orientation. Improper behavior in the workplace may have significant consequences for those involved, for yourself as an employee, and your employer. For employees who are the victim of harassment, this may create a hostile work environment which takes a toll on their career, their personal life, and their health. Recognizing the various types of harassment will help you to identify potential warning signs and take the necessary steps to report harassment. There are a number of preventive measures that can be employed as well as recommendations on how to create a more inclusive and accepting workplace culture.

## **Dealing With Angry Employees**

1 HOUR

Anger is not something most of us think about when we go to work every day. Unfortunately, we need to be prepared to deal with anger and the potential for violence in the workplace. Ignoring the problem will only cause the situation to get progressively worse. When this happens, it can have a negative and possibly destructive impact on your organization. A thorough understanding of workplace anger will help promote awareness and ultimately prevention.

## **Dealing with the Media**

30 MINUTES

This course focuses on the ways to get your agency's message out, including the personal pitch, press releases and press conferences. It also discusses how the media works, the different components of news and how to follow-up with story pitches. This course also includes information on responding to crises and emergencies, how to have a successful interview and how to control your message.

# **Discipline and Termination**

1 HOUR

In every organization, employees are 'let go' for various reasons. The decision to discipline or even terminate an employee is not one that should be taken lightly, and there is a right and wrong way to approach the situation. In this course, learners will explore ways to appropriately address issues before termination is necessary, be able to terminate employees confidently if discipline fails, and for employees to understand the need for a disciplinary process and the rules and expectations that inform them.

# **Diversity in the Workplace**

1 HOUR

Diversity in the workplace is an essential part of any workplace culture. As we live and work in a global economy, the diversity of those we interact with and who work alongside us must be both acknowledged and respected. Diversity is more than just a term; it is how individuals identify themselves as well as how others perceive them. Promoting diversity in the workplace should not be looked at as a requirement or a box to be checked. It is much more than that. Diversity in the workplace makes good business sense as a more diverse and inclusive workplace will be advantageous in recruiting, hiring, and maintaining talent within your organization. Beyond the benefits, it is important to effectively implement a solid program to manage and promote diversity in the workplace. And while there are challenges to implementing diversity in the workplace, the end rewards will certainly outweigh any obstacles along the way.

## **Drug and Alcohol Awareness**

1 HOUR

Workplace drug and alcohol abuse is a liability for any U.S. business, and smaller businesses are increasingly more vulnerable since drug testing may be performed less often than in larger businesses. Drug and alcohol abuse can affect anyone and have a significant impact on their daily lives. Understanding the signs and symptoms of drug and alcohol abuse will help you to identify potential warning signs in those around you. There are effective treatments available along with steps you can take to discourage and respond to workplace drug and alcohol abuse.

# **FMLA Training for Supervisors**

1 HOUR

The Family and Medical Leave Act (FMLA) was passed in 1993 and revised January 16, 2009, and March 8, 2013, with some provisions effective back to February 5, 2012. Of all federal employment laws, FMLA is one of the most popular and beneficial to employees. Employees are aware of the basic requirements of the law, but they may not realize the law provides employers with various options on how to administer FMLA. It is essential for all supervisors, in addition to the HR staff, to understand how to comply with FMLA and with the employer's own FMLA policy. This one-hour course will educate supervisors on FMLA in order to give employees the full and correct benefit of the law.

# Family and Medical Leave Act (FMLA)

1 HOUR

Whether joyful or stressful, the events experienced over the course of your life often require you to reevaluate your priorities. Adjusting priorities can often require you to make serious, life-changing decisions. In some cases, you might even need to choose between providing direct care for a loved one or new child in your home and the need to provide for your family's financial needs. In previous eras, people often became caught in an "either/or" situation because employers were not always cooperative when individuals needed time for personal matters. Employees ran the risk of losing their jobs and benefits if they made the choice of putting their family first. Fortunately, the Family and Medical Leave Act (FMLA) entitles eligible employees to take the time they need to handle life events. We will go over the FMLA in detail to help you understand the basic provisions and how the FMLA can benefit you.

# Form I-9 and Employment Eligibility Verification

1 HOUR

As an employer in the U.S., you are required to verify the work eligibility of your workforce. To verify work eligibility, U.S. employers use Form I-9. There are many different types of employee scenarios, and navigating them while validation employment eligibility can be difficult. This course outlines how to correctly fill out and retain the form, how to navigate complicated employee scenarios, and how the E-Verify system works with Form I-9.

### **HR Recruitment and Selection Process**

1 HOUR

When an organization determines the need for additional labor, employers have a number of choices to make. This may be the first step in a full-scale recruitment and selection process but sometimes hiring additional employees is not the best method to obtain additional labor. Since the costs of recruitment and selection can be staggering, hiring new employees should occur only after careful consideration. This one-hour course will better inform you about how to implement a successful recruitment and selection process.

# **Handling Angry Employees**

30 MINUTES

In this course, the learner will gain understanding regarding the importance of communication in dealing with employee anger, acquire knowledge regarding productive methods for dealing with employee anger, and finally learn to recognize the behavioral indicators preceding episodes of anger.

# **Personnel Record Retention (Federal Standards)**

1 HOUR

This one-hour course covers personnel record retention. In this course, the learner will be introduced to record retention basics, potential liabilities, as well as specific federal standards on a variety of employee records. Additionally, this course gives the learner a step-by-step guide on creating a foolproof record retention policy that protects your company on all legal and business fronts.

### **Recognizing Child Abuse**

1 HOUR

Child abuse and neglect is a serious issue and one in which we all need to be aware of. The pain and suffering are a daily occurrence for these children, and many have no voice, no one to advocate for them. They live each day in fear, not knowing what will happen to them. Some of these children will survive this traumatic childhood, but others will not. Many of these children will be left with a lifetime of psychological trauma. Recognizing the signs and symptoms of child abuse and neglect will help you to identify potential warning signs and take the necessary steps to report suspected cases of abuse or neglect. There are a number of preventive measures that can be employed and there are many resources available to get children the help they so desperately need.

# **Recognizing Domestic Violence**

#### 2 HOURS

Domestic violence is a serious issue and one in which we all need to be aware of. Domestic violence can happen to anyone, but oftentimes it is overlooked, ignored, excused, or denied. Those in abusive situations live each day in fear, not knowing what pain and suffering they may have to endure. Unfortunately, some people never make it out of the relationship alive, others stay in the relationship because they believe they have nowhere to go, while others, fortunately, successfully escape. Those who make it out are left traumatized and may still live in fear. Recognizing the signs and symptoms of domestic violence will help you to identify potential warning signs and take the necessary steps to report suspected cases of domestic violence. There are a number of preventive measures that can be employed, and there are many resources available to get these individuals the help they so desperately need.

## **Recruiting Excellent Employees**

#### 1 HOUR

A company is only as good as the people it employs, and the quality of your employees has a direct reflection of the public perception of your company. Finding excellent employees requires additional effort and the use of the skills we discuss over the next hour. This course covers common formal recruiting practices, factors that lead to recruiting excellence, and creative recruiting methods and sources.

### Sexual Harassment Awareness AB 1825

#### 2 HOURS

Sexual harassment in the workplace can happen to anyone, male or female, regardless of sexual orientation. While sexual harassment may have been overlooked, ignored, or excused in the past, that is no longer the case. A majority, if not all companies, have a zero-tolerance policy when it comes to sexual harassment. Recognizing what sexual harassment is, both the subtle cues as well as overt advances will help you to identify potential warning signs and take the necessary steps to report sexual harassment. There are a number of preventive measures that can be employed as well as recommendations of what to do if you or one of your employees have been or are the victim of sexual harassment.

# Sexual Harassment for Managers \*

### 2 HOURS

Sexual harassment in the workplace can happen to anyone, male or female, regardless of sexual orientation. Organizations have a responsibility to protect all employees against this type of harassment. Recognizing what sexual harassment is a leader, both the subtle cues as well as the overt advances, will help you to identify potential warning signs and take the necessary steps to prevent sexual harassment. There are a number of preventive measures that can be employed as well as recommendations of what to do if you or one of your employees have been or are the victim of sexual harassment.

## Sexual Harassment in the Workplace \*

#### 1 HOUR

Sexual harassment in the workplace can happen to anyone, male or female, regardless of sexual orientation. While sexual harassment may have been overlooked, ignored, or excused in the past, that is no longer the case. In fact, sexual harassment is on everyones mind these days. A majority, if not all companies, have a zero-tolerance policy when it comes to sexual harassment. Improper behavior in the workplace may have significant consequences both for yourself and your employer. If you are a victim of sexual harassment, this may create a hostile work environment which takes a toll on your career, your personal life, and your health. Recognizing what sexual harassment is, both the subtle cues as well as the overt advances, will help you to identify potential warning signs and take the necessary steps to report sexual harassment. There are a number of preventive measures that can be employed as well as recommendations of what to do if you have been or are the victim of sexual harassment.

# The LGBTQ Community \*

#### 1 HOUR

The lesbian, gay, bisexual, transgender, and questioning (LGBTQ) community is a diverse group of individuals who deserve to be treated with kindness, compassion, and respect. Understanding the terminology used in the LGBTO community will reduce misunderstandings, confusion, and stereotypes while promoting knowledge and

awareness for the officer. In this course, there are many effective policies and procedures to help connect with the LGBTQ community along with recommendations you can use immediately.

## The Risks of Social Media in the Workplace

1 HOUR

This one-hour course will cover using social media in the workplace. The learner will gain a better understanding of the potential risks of utilizing social media platforms.

## Violence in the Workplace

1 HOUR

This one-hour course focuses on the prevention and what to do in the event of workplace violence. Additionally, the Violence in the Workplace eLearning course serves as a helpful tool to identify potential warning signs.

## Workplace Bullying

1 HOUR

When we think of bullying, we tend to immediately associate it with the school yard, certainly not something we would face as an adult. Unfortunately, bullying in the workplace occurs more often than you think. In fact, there are various forms of bullying, from overt forms of bullying to those which are quite passive. Workplace bullying may have significant consequences for those involved, for yourself as an employee as well as your employer. A thorough understanding of workplace bullying will help promote awareness and ultimately prevention.

### INVESTIGATIVE SKILLS

FULL LENGTH COURSES

## **Cryptocurrency Investigation 101: Introduction**

1 HOUR

Cryptocurrency, a digital payment system that functions outside of the traditional financial system, is a rapidly developing issue for local law enforcement. Transacting in cryptocurrency creates the perception of elevated levels of confidentiality or pseudonymity. As this and other related innovations continue to gain a foothold in the economy, criminal exploitation of these systems and methods increase. With cryptocurrency now firmly entrenched in both domestic and international commerce, it is vital that law enforcement has a firm understanding of what cryptocurrency is, how it works, and how it can be used in both legitimate and illicit activities. This is the first course in the Cryptocurrency Investigation series.

## Cryptocurrency Investigation 102: Bitcoin

2 HOURS

Bitcoin, the first form of decentralized cryptocurrency, is the most dominant form of cryptocurrency for online transactions. Bitcoin can be difficult to trace, making it a popular medium for conducting criminal activity. As law enforcement, it is critical to be aware of how bitcoin and other cryptocurrencies influence society--from retail transactions to illicit criminal activity. In this course, discover the origins of Bitcoin and explore how law enforcement investigates related criminal activity using advanced analytical tools.

### **Cryptocurrency Investigation 103: The Criminal Element**

2 HOURS

Bitcoin and other cryptocurrencies are quickly becoming a legitimate means of payment in many countries. They offer a relatively fast, inexpensive, and anonymous system of conducting transactions as compared to more traditional financial means. The acceptance of these digital currencies in the mainstream financial system also means that criminals can now easily introduce funds into the legitimate economy with little possibility of identification. Recording these transactions, however, allows law enforcement to track and identify the networks and hubs the currency is flowing through. In this course, learners will examine the criminal element of cryptocurrency as well as how to identify and track the evidence left behind. This is the third course in the Cryptocurrency Investigation series.

# Cryptocurrency Investigation 104: The Dark Web

2 HOURS

The dark web is a side of the internet most people do not know exists. Criminals have found the dark web useful, creating and interacting with marketplaces they believe to be undetectable. These marketplaces typically function as a conduit for illicit activity, such as illegal drug trade, weapons trafficking, human trafficking, and others. As criminals become adept at utilizing technology, it becomes urgent and critical for law enforcement to understand the dark web. Illicit activity on the dark web is hard to track down and connect to a suspect. Understanding how dark web marketplaces and cryptocurrencies work together and translate into the physical world is crucial to being able to identify what evidence to look for when investigating criminal activity.

## **Cryptocurrency Investigation 105: Blockchain Forensics**

1 HOUR

In this final course of the Cryptocurrency Investigation series, we will discuss the concept of the blockchain, a public distributed ledger that keeps track of digital currency transactions, as a dynamic and useful technology. Each coin has its own blockchain, but the originating blockchain is the Bitcoin blockchain. It can be used by law enforcement and other industries in beneficial ways, but in the wrong hands, it can be exploited by criminal enterprises; this can be in a variety of illicit activities such as tax evasion, the distribution of child pornography, trading of illegal weapons, and the sale of narcotics. In this course, learners will be able to better understand the intricacies of blockchain technology and explore analytical tools for investigating these crimes.

## **Current Drug Trends**

2 HOURS

Illicit drug and alcohol use in the United States is a significant cause for concern. While many illicit substances are well-known, there are many newer synthetics that pose a risk to law enforcement. Adding yet an additional layer to the complicated and challenging nature of police work are persons with mental illness who may be abusing alcohol and illicit substances. This course will provide learners with the knowledge, awareness, and understanding of the current and emerging drug trends and how mental illness is impacted by drugs and alcohol.

# Cyberstalking

1 HOUR

In recent years, stalkers have taken advantage of the anonymity of the Internet to commit crimes. This has added a new dimension because it is difficult for victims of cyberstalking, as well as law enforcement, to discern the identity of the stalker. Cyberstalking makes the fear more palpable and prosecution more challenging. This course will discuss the basics, relevant laws, challenges, and practical solutions for cyberstalking cases.

## **Evidence Collection, Control, and Storage**

1 HOUR

If you are the first responder on the scene of a crime, you are responsible for the integrity of that crime scene and the evidence contained there. If the integrity of the crime scene becomes compromised, so potentially does the evidence collected from it, and if this happens, the ability for justice to be served is compromised as well, because the truth of what happened at any crime scene lies in the evidence. While the role of the attorneys, the judge and the jury are all important in the courtroom, it is ultimately the quality of the evidence that is going to prove the guilt or innocence of the alleged perpetrator. In this course, the learner will gain valuable insights into appropriate evidence collection practices, as well as what not to do at the crime scene and how to protect the integrity of the crime scene so that evidence is not altered or destroyed.

### **Evewitness Evidence and Identification – 3286 TCOLE**

8 HOURS

Eyewitness evidence is critical to the apprehension and prosecution of criminals. Since 1989, DNA evidence has been used to exonerate nearly 300 individuals that were wrongfully convicted and imprisoned. Of those, approximately 70% were convicted on evidence that included inaccurate and faulty eyewitness identifications. Research has proven that a number of small changes to the identification process will help improve the accuracy and reliability of eyewitness identification, ensuring that the highest quality of eyewitness evidence is collected and preserved.

### **Financial Crimes**

4 HOURS

This four-hour course is designed to enhance your ability to identify the vulnerabilities, as well as understand the regulatory policies that serve to limit the number of financial crimes.

## **Handling Robbery Calls**

1 HOUR

According to an FBI study, 26% of all local homicides in the US can be directly related to robberies. Accordingly, law enforcement officers need to take every robbery call seriously, both for their own safety and the safety and well-being of the victims. Good community policing efforts will help officers identify the most likely robbery targets in their patrol area, giving them the opportunity to work with business owners and managers to minimize the risk. In this course, you will learn methods for safely approaching the robbery scene, apprehending suspects, and securing the crime scene.

## **Human Trafficking, Part I \***

2 HOURS

A number of organizations, including the Department of Defense, have characterized human trafficking as the world's fastest growing crime. In order to stem the rise of this heinous crime, law enforcement must have a comprehensive knowledge of history and forms of human trafficking, including its own set of terms, the relationships that exist between traffickers and victims, and how to investigate human trafficking cases. In Part 1 of a two-part course, this two hour course focuses on human trafficking from a global perspective.

## **Human Trafficking, Part II**

2 HOURS

In Part 2 of a two-part course, this two hour course focus on special investigative considerations as they related to human trafficking. As the fast growing crime in the world, human trafficking is global problem. In this course, law enforcement and investigators will learn how to identify trafficked victims, employ case management and interagency cooperation, and review the advantages of a multidisciplinary and collaborative response to trafficking incidents, ensuring victims receive the correct services, some of which are unique to trafficking victims.

### **Identity Theft Crimes**

3 HOURS

In this three-hour course, we will discuss the identity theft problem and factors which increase the risk of identity theft.

## **Interviews and Interrogations**

1 HOUR

Interviews and interrogations are two ways to formally solicit information from witnesses and suspects. A properly conducted interview or interrogation can often be the difference between solving and successfully prosecuting a case and not. An investigator should be aware of the distinctions between interviews and interrogations, as well as the best methods for eliciting information from a subject. In this course, learners will explore ways to question interviewees and judge the truthfulness of their responses. This course will also cover the distinctions between interviews and interrogations and provide methods for conducting them effectively.

## **Law Enforcement Intelligence**

4 HOURS

In this four-hour Law Enforcement Intelligence course, we will explore why we do what we do, and how we can change what we do for the better of our agency.

## **Lethality Assessment Program (LAP)**

2 HOURS

This two-hour course ensures that if a domestic violence case is at hand, law enforcement officers will be well versed and ready to properly implement the Lethality Assessment Program (LAP).

### **Naloxone**

#### 1 HOUR

In October 2017, the United States declared the overuse of opioids as a public health crisis. In fact, the CDC estimates that more than 90 Americans die from opioid overdoses every day. Naloxone, a medication used to block the effects of opioid overdoses, has become first responders' number one tool in saving the lives of anyone who has overdosed on opioids. In this course, learners will discover the physiological and psychological effects of opioid addiction and how to administer Naloxone in the event of an overdose.

## Recognition Of Child Abuse And Neglect \*

#### 2 HOURS

This course is designed to help officers understand the child abuse problem and factors that increase the risk of abuse. The intent of this course is to provide officers who respond to this type of crime with information that will ensure consistency in handling child abuse cases. In addition, the course is designed to help law enforcement understand the importance of developing procedures and protocols and ways to work with other professionals to ensure the needs of the children are met.

## Recognizing and Responding to Domestic Violence \*

### 2 HOURS

Domestic disputes are some of the most common calls for police service. Domestic violence is a serious issue, and it is one in which we all need to be aware of. Domestic violence calls can be quite challenging for police as they are likely to observe repetitive abuse against the same victims, who may not be able to or may not want to separate from their abusers. Recognizing the signs and symptoms of domestic violence will help you to identify potential warning signs, increase your knowledge base, provide you with an understanding of the challenges these persons face, and allow you to actively address the needs of your community. Through this knowledge and understanding, you will gain the confidence to provide assistance to those who are in abusive situations. There are a number of preventive measures that can be employed and there are many resources available to get these individuals the help they so desperately need.

# **Reducing Graffiti in Your Community**

#### 1 HOUR

Graffiti, we've all seen it. It plagues our cities, leaving taxpayers and law enforcement to clean it up. Serial taggers deface public and private property, leaving law enforcement with the challenge of tracking and stopping these perpetrators. How do we identify and track these offenders? Some departments have graffiti specialists who track and identify common offenders and graffiti related to gangs, but there are additional resources and tools available. In this course, learn about the different types of graffiti, how to identify each type, resolve cases, and seek restitution.

# Sudden Unexplained Infant Death (SUID)

### 5 HOURS

This five-hour course instructs the actions and protocols one must take when involved in a Sudden Unexplained Infant Death Investigation.

### TRAINING BLOCK COURSES

### **Investigative Skills**

Taking control and having a clear delineation of responsibilities during any investigation is essential to building the case. The segments included here offer a comprehensive selection on protocol for developing rapport with criminal informants and business owners, conducting interviews, and more.

# **Investigative Skills 1**

1 HOUR

Videos in this course include:

- Accident Reconstruction
- Child Abuse Investigations
- Complex Child Abuse Investigations
- Crime Scene Investigation and Documentation
- Crime Scene Preservation
- Field Interview

## **Investigative Skills 2**

1 HOUR

Videos in this course include:

- False Confessions
- Interview and Interrogation Techniques
- Interviewing Sex Offenders
- Searching for Concealed Weapons
- The Misuse of Miranda Rights

### **Narcotics Enforcement**

Narcotics enforcement is a dangerous environment where officers must be on guard at all times. Discussion in this section covers everything from identifying the indicators of a drug lab and deconflicting events, to recognizing the signs of drug impairment and more.

### **Narcotics Enforcement 1**

1 HOUR

Videos in this course include:

- Drug Recognition
- Questions to Ask During a Drug Interdiction Stop
- Recognizing a Meth Addict
- Shake and Bake Meth Method
- The 5 Traits of a Successful Drug Interdiction Officer

### **Narcotics Enforcement 2**

1 HOUR

Videos in this course include:

- Approaching a Meth Suspect
- Drug Interdiction in Metropolitan Areas
- Drug Lab Safety
- Officer Safety in Narcotics Investigations
- Top 10 Mistakes Rookies Make

### • SINGLE VIDEO COURSES

• Virtual Tour of the National Center for Missing & Exploited Children

### K-9 BEHAVIORS HANDLING AND TRAINING

#### FULL LENGTH COURSES

## **Best Practices in Dangerous Canine Encounters**

#### 1 HOUR

With more than 78 million dogs in 44% of US households, law enforcement officers will no doubt have to encounter these animals in their line of work. Because animals can sometimes be unpredictable, officers must be prepared for their unpredictability by recognizing dog behaviors and identifying the best tools and approaches to handling them. In this 1-hour course, officers will examine the best practices for dealing with canine encounters, some of which will require use of force.

### **Law Enforcement Encounters with Canines**

#### 2 HOURS

Citizens of the United States own approximately 77.8 million dogs, which are likely to be encountered in 39 percent of residential locations. Most people view dogs as more than just pets. As law enforcement officers, you are very likely to encounter canines in the field, and in this two-hour course we will provide you with skills and strategies to identify the signals of a dog attack and the awareness to properly deal with an attack that cannot be avoided and the aftermath of using deadly force on a dog.

#### TRAINING BLOCK COURSES

# **K-9 Operations**

#### 1 HOUR

Developing a K9 unit, funding it, and training the animals can be difficult. In this course, we explore how a department can develop a K9 unit, as well as the costs involved and potential funding avenues; Another key theme is how K9 units have evolved in the use of canines with SWAT operations. We will also cover some tried and true commands for training K9s while discovering what it means to be in a high-risk situation. Real-life examples of rulings from the Supreme Court regarding searches will also be explored. This comprehensive training block course covers all requirements from tactical teams to patrol conditions and the relationship between K9 units.

#### Videos in this course include:

- Starting Your Agency's K9 Unit
- Canine Tactical Operations: The Evolution of Training
- Canine Tactical Operations: Working with the Dog
- Canine Tactical Operations: Integrating Teams
- Canine Tactical Training
- K9 High Risk Deployment
- K-9 Supreme Court Case

## LAW ENFORCEMENT TECHNOLOGY

### • FULL LENGTH COURSES

# **Body-Worn Cameras For Law Enforcement**

#### 2 HOURS

This two-hour Body Worn Cameras for Law Enforcement online course provides an introduction to BWCs and highlights issues and factors that law enforcement organizations should consider prior to and during implementation. (Not available to TX users.)

## **Drone Use for First Responders**

#### 2 HOURS

Drones or small Unmanned Aircraft Systems (sUAS) can be valuable assets to law enforcement, fire and emergency medical services, and local governments. These devices can assist in aiding search and rescue teams, locating suspects who have fled, and identifying access points during wildfires or large crowds. To effectively operate a drone, you must have a foundational understanding of National Airspace and the different types of classifications. This course, presented in collaboration with the Ohio Attorney General Dave Yost, and written by Ohio Peace Officer Training Academy (OPOTA) Instructor James D. Daniels will explore how public safety can use UAS effectively.

# **Implementing a Body-Worn Camera Program**

#### 2 HOURS

This two hour Implementing Body-Worn Camera Program online course is intended to serve as a guide to the thoughtful, careful considerations that police departments should undertake if they wish to adopt body-worn cameras.

## **Public Recording of Police Activities**

#### 1 HOUR

Recording the actions and activities of police officers in the performance of their public duties is a form of speech protected by the First Amendment to the U.S. Constitution, through which individuals may gather and disseminate information of public concern. This right is extended to video and audio recording of any police activity performed in public or where an individual otherwise has a legal right to be present. In effect, the public has the same rights to record police activities as the press. In this course, you will examine civilian's; interest in recording police activities as well as the laws and limitations surrounding the public's constitutionally held rights.

### Social Media and Law Enforcement

1 HOUR

This one-hour course will look over the ways social media can be used in law enforcement.

## **Using Social Media for Investigations**

### 2 HOURS

Social media has become the primary communication tool for most people across the globe. Nearly 2.8 billion people use social media with the number growing regularly. With more and more crime happening online only to be recorded by users and then uploaded to social media, law enforcement has to determine the best approach for using digital evidence in criminal and civil investigations. This course will explore the types of criminal uses of social media and the prevailing methods for collecting evidence.

#### TRAINING BLOCK COURSES

## Internet/Technology in Law Enforcement 1

### 1 HOUR

Modern technology can be a blessing and a curse. This section provides training on such topics as cyber crime and investigation, use of social networking, effective email communication, and how your department can use technology to its advantage.

Videos in this course include:

- Embracing Social Networking
- Facial Recognition on the Internet
- Fake Officer Profiles on Facebook
- Officer Roadkill on the Information Highway
- Precautions when Using Social Media
- Reality Training: Flash Mobs
- Social Networking Precautions
- · The Rise of Cyber Crime

### • SINGLE VIDEO COURSES

- Privacy Protocols for Officers and the Internet
- The Right to Photograph and Record in Public
- The Right to Record the Police

#### LEGAL

FULL LENGTH COURSES

## Arrest, Search, & Seizure (Fourth Amendment) \*

2 HOURS

As an officer, it is imperative that you have a good understanding of the 4th Amendment and the impact it has on arrests, searches, and seizures. This course will explore the concepts of the Fourth Amendment, which includes the laws that have been created and are enforced to protect the privacy and property rights of individuals by prohibiting unreasonable searches and seizures, as well as how they relate to your duties and a police officer.

### **Constitutional Law**

1 HOUR

American citizens have rights afforded to them through the U.S. Constitution. Police officers are obligated to uphold and enforce the laws of the land. The interplay between these two realities will be explored in the course Constitutional Law, which seeks to examine the roles and responsibilities of police officers as they are guided by and uphold the Constitution.

## **Court Security Officer - 10999 TCOLE**

8 HOURS

The purpose of the Texas Commission on Law Enforcement (TCOLE) approved course for the Court Security Officer class is to give the court security officer a basic understanding of the threats associated with court settings as well as technology and techniques for court security operations in compliance with Government Sec. 158.002.

# Litigation Procedures \*

1 HOUR

Law enforcement and corrections officers play important roles in the legal and judicial process. When laws have been broken, police are responsible for apprehending the alleged perpetrator, and corrections officers are responsible for securing them safely so that they can be tried for the crimes which they have allegedly committed. In this course, the learner will examine how his or her role as a law enforcement or corrections professional interacts within the context of the judicial process as a whole, as well as the guidelines to follow while testifying in court and finally how his or her appearance or demeanor in the courtroom could impact a jury.

### Officer Liability

2 HOURS

This two-hour course will educate you on the federal laws and Constitutional laws that help officers perform their duties in accordance to these laws.

# PREA – Prison Rape Elimination Act \*

1 HOUR

PREA applies to all correctional facilities, including prisons, jails, juvenile facilities, military and Indian country facilities, and Immigration and Customs Enforcement (ICE) facilities. This course is an overview that focuses on the importance of addressing sexual safety in Prisons; It explains how to prevent prison rapes and the Department of Justice National PREA Standards. It will also provide information on the risks of failing to comply with PREA Standards. Please note: If any part of the training conflicts with your agency policy, please follow your agency/facility policy.

# Presenting Effective Testimony in a Courtroom \*

1 HOUR

The crime report has been written. The District Attorney Office has pressed charges. Now it is time to complete the final and critical step, testify in court. This course covers the basic strategies an officer can deploy to improve

their performance in the courtroom.

### **Procedural Justice**

2 HOURS

Now more than ever, Police Chiefs must be able to recognize and respond to quickly changing issues and opportunities. Many are applying the concepts of legitimacy and procedural justice as they pertain to policing. In this 2-hour course, you will discover the many challenges policing faces every day and the means by which police can improve their image with the public.

# State and Federal Law Update 3184

4 HOURS

This material is a general summary of selected court cases and changes to Texas criminal law as wrought by the 84th session of the Texas Legislature.

## State and Federal Law Update 3185

3 HOURS

This course will provide updates on multiple bills passed by the 85th Legislature that has an impact on Texas Law Enforcement. This course includes administrative changes, changes in existing statues, and new laws. This course applies to all Law Enforcement Officers, Law Enforcement Administrators, and Policymakers. This course includes video testimonials courtesy of the Killeen Police Department which will help clarify the complex changes in the law.

#### TRAINING BLOCK COURSES

### Legal

Officers must adhere to law and policy in every decision they make. Emergency calls, emotions, and even colleagues can cloud an officer's ability to reason. This section offers guidance on determining what is best for the agency, city, and the community, among other topics.

## Legal 1

1 HOUR

Videos in this course include:

- Officer Behavior During Force Encounters
- Reflections on Police Use of Force
- Risk Reduction
- Shoot/Don't Shoot: Decision-Based Training
- The Use of Expert Witnesses

### Legal 2

1 HOUR

Videos in this course include:

- Choosing an Expert Witness
- Dealing with the Aftermath of Use of Force Situations
- OIS: Balancing Emotional and Legal Survival
- Privacy Protocols for Officers and the Internet
- Unconventional Use of Deadly Force

## Legal 3

1 HOUR

Videos in this course include:

- Can an Officer Do That?
- Liability Issues in Use of Force
- The Importance of Policies and Procedures
- Reinstilling Confidence in the Use of Force
- Responding Appropriately when Dealing with Violent Offenders

### SINGLE VIDEO COURSES

Liability Issues in Use of Force

## MASS CASUALTY INCIDENTS FOR POLICE

#### FULL LENGTH COURSES

## **Crisis Intervention Training Overview**

#### 1 HOUR

The Crisis Intervention Team (CIT) Overview is an innovative first-responder model of police-based crisis intervention with the community, health care, and advocacy partnerships. This one-hour course is designed to connect law enforcement, mental health services, and the public.

## **Introduction to Incident Command System for Police Officers**

#### 1 HOUR

This one-hour course will familiarize you with how the Incident Command System is utilized to manage critical incidents, prepare you to use the ICS system for common incidents in Law Enforcement, and allow you to build competency with the system for use during large-scale incidents.

## Mass Casualty, Natural Disaster Standards

### 1 HOUR

This one-hour course covers the Incident Command System (ICS) for law enforcement officers at an introductory level. This course will discuss the core elements of ICS, as well as the duty to handle these situations effectively by using the Simple Triage and Rapid Treatment START system.

## **Protecting Transportation Systems**

#### 1 HOUR

This course will focus on preparing officers to protect against assaults on public surface transportation systems from terrorism. This includes crowded train stations, bus depots, carriages, or coaches. It will also explain how protective measures align with the color-coded threat conditions used in the DHS Homeland Security Advisory System (HSAS).

#### SINGLE VIDEO COURSES

- Multi-Jurisdictional Response to Mass Casualty Incidents on College Campuses
- Regional Exercise for Emergency Preparedness
- The Crisis Box Concept

### **MOTIVATION AND HUMOR**

### • SINGLE VIDEO COURSES

- Buck Savage First Video
- Dumbest Criminal
- Funny Dispatch Calls
- J. D. Buck Savage "Pinky's WooHa Lounge"
- J.D. Buck Savage "Bad Guy's Cars Break Down Too"
- J.D. Buck Savage "My MOP"
- J.D. Buck Savage "Saw Drunk Arrested Same"
- J.D. Buck Savage "The Map"
- J.D. Buck Savage "Training Officer"
- J.D. Buck Savage "Watch the Hands!"
- J.D. Buck Savage Goes Undercover
- J.D. Buck Savage at Motor School
- J.D. Buck Savage at the Crime Scene

### **NEW MEXICO BIENNIUM COURSES**

#### FULL LENGTH COURSES

# **NM Biennium: Child Abuse or Neglect Investigations**

#### 2 HOURS

Law enforcement is not the only agency responsible for the well-being of children in their communities; agencies must work together to protect abused children. However, law enforcement officers must be properly trained on the various facets of child abuse in their communities. In this course, learners will be able to demonstrate an understanding and knowledge concerning the crime and social issue of child abuse, including the dynamics of why people abuse children and the results of that abuse.

# **NM Biennium: Domestic Violence Training**

#### 1 HOUR

This course will provide the students with a basic understanding of the New Mexico Statues regarding domestic violence, as well as statistics and officer safety and survival considerations during Domestic Violence calls for service, including the signs and symptoms of Non-Lethal Strangulation.

## NM Biennium: Ensuring Child Safety Upon Parental Arrest

#### 1 HOUR

The goal of this Biennium in-service training is to provide law enforcement personnel with information regarding their responsibilities as they pertain to the identification of dependent children when the parents are arrested. More than 7 million children have a parent under some form of correctional supervision. According to Connect for Kids/Child Advocacy, in a recent study in California, 70% of children who were present at a parental arrest saw their parents being handcuffed. Witnessing a parent's arrest can be traumatizing. It's law enforcement's responsibility to mitigate that trauma as much as possible.

### **NM Biennium: Hate Crimes**

### 2 HOURS

In the famous words of the philosopher George Santayana: Those who do not learn from history are doomed to repeat it. In order to halt the prevalence of hate crimes in our country, we must revisit examples from the past and learn from them. In this course, we will discuss defining a hate crime, historical instances, and common concerns. We will explore landmark U.S. Supreme Court decisions and their implications and the role of police. Lastly, we will discuss hate crime statistics in New Mexico and the future of hate crimes.

## NM Biennium: Interaction with Persons with Mental Impairment

#### 2 HOURS

This course will provide the student with the awareness of crisis management, including crisis intervention, confrontation, de-escalation practicum, and proper interaction with persons with mental impairments.

## NM Biennium: Legal Update

### 2 HOURS

Each year brings new challenges and opportunities to law enforcement in the state of New Mexico. Law enforcement officers are constantly learning new techniques, guidelines, and this is no exception with updates to existing laws. This course covers the most recent legal updates law enforcement officers should know to effectively perform their daily duties.

## NM Biennium: Missing Persons/AMBER Alert

### 1 HOUR

In this New Mexico Biennium course, learners will review the NM statutes that pertain to missing persons and issuing Amber, Brittany, and Silver Alerts. The course will cover important definitions and procedures law enforcement must follow in the event of missing or endangered persons as well as the forms they must use in the course of issuing or canceling an alert.

## NM Biennium: Off-Highway Vehicle (OHV) Enforcement Training

3 HOURS

In this New Mexico Biennium course, learners will review the NM statutes that pertain to off-highway vehicles. The course will cover important definitions and regulations for governing OHVs.

#### NM Biennium: Safe Pursuit Act

4 HOURS

This course will refresh the student with regard to the Safe Pursuit Act and its requirements. This course will also provide information regarding the decision to initiate, continue and terminate a pursuit and how the interest in public safety weighs against that decision.

## **OFFICER SURVIVAL**

• FULL LENGTH COURSES

## Off-Duty, Safe, and Ready

1 HOUR

You just completed your shift and are heading out for some time with your family. Whether on or off-duty, officers need to be aware of their surroundings, their authority, and the safety precautions involved with carrying weapons. This course will cover concepts that officer need to take into consideration when off-duty and responding to a criminal act or emergency.

# Officer Safety and Procedure in Domestic Violence Response

2 HOURS

This two-hour course will equip officers with the knowledge that will help them address domestic violence calls.

## **Overcoming Resistance: Start with Mental Preparation**

1 HOUR

Human beings have a general desire for a schedule and a routine. However, in law enforcement operations, complacency because of routine can get us killed. Discover how mental preparation is a key ingredient to changing our perspectives regarding our routines, and therefore increases our safety on the street. In this course, we take a deeper look at mental preparation and the important role it plays in our lives as law enforcement professionals.

## **Preparing Your Response to Challenging Situations**

1 HOUR

In this program on Preparing Your Response to Challenging Situations, we consider just a few of the challenging situations that officers face on a daily basis. When thinking about the ways in which you approach these circumstances, you must consider - not only the way in which you will approach a scene and deploy your resources - but also your mindset and the thought processes that are in play during your response. We begin by looking at the mechanisms of fear, and how they influence your actions, as well as ways to manage fear through a better understanding of how and why it occurs. We also take a look at overcoming fear and the effective role that practised visualization plays in mental preparedness.

### Responders at Risk: Protecting First Responders From Opioid Exposure

1 HOUR

The far-reaching consequences of the deadly opioid overdose epidemic are putting emergency responders at risk of injury and illness. This one hour course features a panel of EMS and law enforcement experts that will explain the actual versus perceived risks of opioid exposures to emergency responders, how to recognize a scene contaminated by fentanyl and describe appropriate PPE for emergency responders to protect themselves from acute illness or injury.

## Will to Win: Kelly Kalmbach

15 MINUTES

Patrol Officer Kelly Kalmbach recounts the night a DUI traffic stop turned deadly.

• TRAINING BLOCK COURSES

# **Controlling the Situation**

1 HOUR

While it is not possible to control every aspect of a policing situation, law enforcement is taught that trying will lower the chance of injury to the suspect, bystanders, and the officer. In this one-hour training block, the learner will discover steps that can be taken to minimize risk and view footage from calls where attempting to control the situation prevented further loss of life.

Videos in this course include:

- Reality Training: Creating Distance in a Deadly Situation
- Controlling the Distance While Moving Closer to a Subject
- · Verbal De-escalation Skills
- Maintain and Control the Situation
- Reality Training: An Edged Weapon Attack

## **Expect the Unexpected**

There is no such thing as routine in law enforcement and letting one's guard down, even for a moment, can have deadly consequences. In Expect the Unexpected two training block series, learners will see that danger can present itself in many unexpected forms.

## **Expect the Unexpected 1**

1 HOUR

Videos in this course include:

- Reality Training: Never Expect a Safe Environment
- Reality Training: A Sudden Spontaneous Attack
- Reality Training: A Deadly Parking Lot Shooting
- Reality Training: Safer Traffic Stops

## **Expect the Unexpected 2**

1 HOUR

Videos in this course include:

- Reality Training: Deadly Force Against Armed and Fleeing Subjects
- Reality Training: Striking an Animal with your Vehicle
- How Will You Win?
- Expect the Unexpected Spike Strips
- Reality Training: Sudden Attack in a Booking Area

# Off-Duty Safety & Survival 1

1 HOUR

Work-life balance is a challenge for officers. Videos provided here offer tips for on- and off-duty nutrition, considerations for being armed off-duty, teaching children about firearms safety and cleaning, and more.

Videos in this course include:

- Always Carry Off Duty
- Firearms Safety and Children
- Gun Safety for Children
- Instilling Courage in Children
- Communication Skills 3
- Off-Duty Carry

# **Officer Safety**

1 HOUR

Safety is more than just utilizing safe practices on the job; it is also taking care of one's mental state. In this one-hour training block course, the learner will see ways that they can keep safe on the job.

Videos in this course include:

- How Cops Can Stay Safe on the Road
- Managing Stress in the Wake of an Officer-Involved Shooting
- Reality Training: Correcting Bad Habits
- Universal Evasion vs. Common Attacks

### Officer Survival

Lessons learned from other agencies often serve as powerful examples in officer survival training. Debriefs of numerous highrisk calls featured here foster discussion in areas of leadership during combat situations and making critical decisions while under intense pressure. Also discussed is preparation for these types of incidents.

### Officer Survival 1

1 HOUR

Videos in this course include:

- 360 Situational Awareness
- Analyzing the 21 Foot Rule
- Confidence and Competence
- Discipline of Being Positive
- Don't Become a Hostage
- Downed Officer Rescue
- Officer Rescue with Vehicle

### Officer Survival 2

1 HOUR

Videos in this course include:

- Be the One
- Deadly Force Cover
- Ethical Warrior: Protecting Self and Others
- Fight Like a Fighter Pilot
- Pre Draw Indicators
- Spotting a Concealed Weapon
- Surviving Hidden Weapons
- Tactics for Single Officer after Deployment of TASER
- What's Important Now

### Officer Survival 3

1 HOUR

Videos in this course include:

- Preparing for a Non-Compliance
- Reality Training: Enduring an Ambush During an Arrest
- Reality Training: Why Searching and Frisking a Subject is Crucial
- Subduing a Dangerous Armed Subject
- Surviving an Ambush
- Winning a Confrontation After You're Hurt

#### Officer Survival 4

1 HOUR

Videos in this course include:

- Cover Management Drills
- Reality Training: Controlling a Crime Scene When the Suspect Returns

- Reality Training: Surviving a confrontation after you are shot
- Reality Training: Why Mental Rehearsal Is Crucial to Officer Survival
- Murphy's Law for Law Enforcement
- Over Hand Arm Drag from Weapon Retention

### **Officer Survival 5**

1 HOUR

Videos in this course include:

- Deadly Hesitation The Fear of Applying Justifiable Use of Force
- Reality Training: How Cops Can Stay Safe During a Domestic Call
- Reality Training: How to Handle a Suspicious Activity Call
- Reality Training: How to Maintain your Situational Awareness and Avoid an Ambush
- Reality Training: Responding to an Incident in Plainclothes
- Reality Training: Using ECD on a Suspect with a Deadly Weapon

## **Tactical Operations**

SWAT Team callouts require officers to be ready for decisive action. It's vital that the intelligence gathering process is efficient, and that teams practice regularly for all types of scenarios. This section details tactical methodologies, mission capabilities, team philosophies, and more.

## **Tactical Operations 1**

1 HOUR

Videos in this course include:

- Dynamic Search Warrant: Rehearsals
- Dynamic Search Warrant: The Execution Phase
- Dynamic Search Warrants: The Breakout Team
- Dynamic Search Warrants: Approach
- Dynamic Search Warrants: Quick Tips
- Reality Training: Pipe Blanket

## **Tactical Operations 2**

1 HOUR

Videos in this course include:

- Cross-Discipline Training
- Pre-planning Response to Incidents
- Primal Protective and Tactical Response
- Using the Element of Surprise in Training Drills

## The Will to Win

This section provides powerful first-hand accounts of survival during deadly force encounters. The segments included give officers the opportunity to review and discuss what kept the officers alive in each situation, and the lessons that can be learned from these real-life stories.

### The Will to Win 1

1 HOUR

Videos in this course include:

- Will to Win: Deanna Jensen
- Will to Win: Enrique Hernandez
- Will to Win: Kelly Kalmbach

### The Will to Win 2

1 HOUR

Videos in this course include:

Will to Win: Ileanna Salinas

- Will to Win: Jennifer Fulford (Part 1)
- Will to Win: Jennifer Fulford (Part 2)

### The Will to Win 3

#### 1 HOUR

Videos in this course include:

- Will to Win: Brandy Roell
- Will to Win: Chad Shevlin
- Will to Win: Henderson PD (Part 1)
- Will to Win: Henderson PD (Part 2)

### The Will to Win 4

### 1 HOUR

Videos in this course include:

- Will to Win: Jim Van Alstine
- Will to Win: Beau Lamens
- Will to Win: Jared Reston
- Will to Win: Rich McLane

### The Will to Win 5

### 1 HOUR

Videos in this course include:

- Will to Win Lance Shipman 1
- Will to Win Lance Shipman Part 2
- Will to Win Lance Shipman Part 3
- Will to Win: Jill Ehlers and Donna Kading

## The Will to Win 6

## 1 HOUR

Videos in this course include:

- Color Code Tactical Sitting
- The Cooper Color Code
- Will to Win Mike Kralicek Part One
- Will to Win Mike Kralicek Part Two
- Will to Win Mike Kralicek Part Three

## • SINGLE VIDEO COURSES

- Color Code Tactical Sitting
- Heroic Cynicism
- Never Give Up the Fight
- The Sheep, the Wolf and the Sheepdog
- The You Bet Your Badge Game
- Using the "Gift" of Visualization
- Warrior Mindset
- Will to Win Lance Shipman 1
- Will to Win Lance Shipman Part 2
- Will to Win Lance Shipman Part 3
- Will to Win Mike Kralicek Part One
- Will to Win Mike Kralicek Part Three
- Will to Win Mike Kralicek Part Two
- Will to Win: Enrique HernandezWill to Win: Jim Van Alstine
- Will to Win: Beau Lamens
- Will to Win: Brandy Roell
- Will to Win: Chad Shevlin
- Will to Win: Chris Carter (Part 1)

- Will to Win: Chris Carter (Part 2)
- Will to Win: Deanna Jensen
- Will to Win: Enrique Hernandez
- Will to Win: Henderson PD (Part 1)
- Will to Win: Henderson PD (Part 2)
- Will to Win: Ileanna Salinas
- Will to Win: Jared Reston
- Will to Win: Jennifer Fulford (Part 1)
- Will to Win: Jennifer Fulford (Part 2)
- Will to Win: Jill Ehlers and Donna Kading
- Will to Win: Josh Kenworthy
- Will to Win: Rich McLane

# P1 ROLL CALL/REALITY TRAINING

#### TRAINING BLOCK COURSES

# **Real-Life Video Training 1**

#### 1 HOUR

Real-life video provides an excellent platform for engaging officers in roll call training. This section provides context around a variety of dramatic scenes, which can assist training managers in facilitating sessions regarding responding to incidents and techniques for officer safety.

### Videos in this course include:

- Reality Training: Florida Pursuit
- Reality Training: Kansas City Park Shooting
- Reality Training: Multiple Suspects
- · Reality Training: Richland EDP
- Reality Training: San Diego Foot Pursuit
- Reality Training: Seattle Samurai
- Reality Training: Unlikely Pursuit

#### SINGLE VIDEO COURSES

- 360 Firearm Drills
- 360 Situational Awareness
- 911 Call of El Paso Police Patrolman Angel Barcena Answering A Domestic Disturbance
- 911 Calls Released In Beating Death
- 911 Tapes Released In Portsmouth Bomb Threat
- A Call Quickly Deteriorates
- A Different Look at Weapon Disarming
- A Formidable Foe for Law Enforcement
- An Effective Counter Ambush Program
- AS: Case Study: VA Tech Cho video
- AS: Columbine Library
- AS: Virginia Tech Memorial Video
- Accident Reconstruction
- Active Countermeasures Options
- Active Shooter Phases and Prevention 5 Phases Video
- Active Shooter Phases and Prevention Active Shooter Vs. Barricaded Video
- Active Shooter Response
- Active Shooter Training
- Active Shooter Update
- Active Shooters in our Schools
- Administrative Load Outside of the Holster
- Administrative Reload from the Holster
- Advanced Techniques: Cross Grab Weapon Retention
- Advanced Techniques: Defeating the Draw from the Back
- Advanced Techniques: Rear Sit Out Takedown
- Advanced Techniques: Retrieving the Hands for Cuffing
- Advanced Techniques: Same Side Grab Weapon Retention

- Advanced Techniques: Single Hand Draw from the Waistband
- Advanced Techniques: Stopping a Punch from the Guard Position
- Advanced Techniques: Weapon Retention
- Always Carry Off Duty
- Ammunition Inspection
- Ammunition Selection for your Rifle
- An Alternative Way to Defend Yourself Against Edged Weapons
- An Unexpected Physical Confrontation
- Analyzing Body Language
- Analyzing the 21 Foot Rule
- Applying Edged Weapons in Offensive Situations
- Approaching a Meth Suspect
- Armbar Manipulations
- Arrest Authority
- Arresting Communication
- Asking for Cooperation
- Assessing the Threat Level of Dogs
- Audio From 911 Bomb Threat Call To OK Capitol Released
- Autism Recognition and Response
- Auto Extrication: Door Removal
- Ballistic Shields for Patrol
- Basic Team Formations
- Baton Use in Close Quarters
- Be the One
- Becoming a Law Enforcement Writer
- Becoming an NRA Law Enforcement Trainer
- Bladder Infections and Uniforms
- Blair Shooting
- Blast Ball: For Less Lethal Crowd Control
- Blended Learning For LE
- Body Language: Detecting Deceit
- Body Language: Psychological vs Physiological
- Body Language: Questioning a Subject
- Body Lock and Harness
- Border Patrol Driver Training
- Breathing Techniques when Shooting
- Building Searches
- Bullets on Vehicles Training
- CIT for First Responders 1
- CIT for First Responders 2
- Campus Police Agencies and Their Collaborative Partnerships (Stiehm)
- Campus police agencies and their collaborative partnerships (Matt Stiehm)
- Can an Officer Do That?
- Canine Tactical Operations: Integrating Teams
- Canine Tactical Operations: The Evolution of Training
- Canine Tactical Operations: Working with the Dog
- Canine Tactical Training
- Carrying a Second Gun
- Caught on Camera: Adopting Professional Culture
- Cell Phone Drill
- Challenges for an Optimal Patrol Rifle Training
- Challenges of Implementing Active Shooter Response Training (P1A)
- Child kidnapping experiment goes viral
- Child Abuse Investigations
- Child Abuse Investigations: Handling the Media
- Children and 911 Calls
- Children and Option Based Responses for Active Assailants
- Choosing an Expert Witness
- Cleaning Your AR15
- Cleaning Your Equipment
- Cleaning and Maintaining Your Handgun
- Climax of a High Speed Chase in Oklahoma City

- Coeur d'Alene Pipe Bomb 911 Calls
- Collaboration Between Agencies in Child Abuse
- Combined Tactical
- Combining Verbal and Physical Control
- Communication Skills 3
- · Community Policing as a School Resource Officer
- Community Policing: Legitimacy and Trust
- Completing the Drill (John Farnam)
- Complex Child Abuse Investigations
- Conducting Preliminary Interviews
- Confidence and Competence
- Confronting Commercial Exploitation and Trafficking of Minors in the US
- Constant Tactical Positioning
- Controlling the Distance While Moving Closer to a Subject
- Cop Shot And Killed While Responding To Domestic Violence Call
- Cop hits attacking Rottweiler with TASER
- Cops and Dogs With Betsy Smith: Part 1
- Cops and Dogs With Betsy Smith: Part 2
- Cops and Dogs With Betsy Smith: Part 3
- Cops and Dogs With Betsy Smith: Part 4
- Courageous Conversations
- Courtroom Searches
- Cover Management Drills
- Crank with a Control Device
- Crazy Orange County Police Pursuit
- Crime Scene Investigation
- Crime Scene Investigation and Documentation
- Crime Scene Preservation
- Crime Scene Protection
- Crimes Against Cops
- Cross Grab to a Straight Armbar Takedown
- Cross-Discipline Training
- Crowd Control: An Overview
- Crowd Control: Baton Use
- Crowd Control: Bicycles
- Crowd Control: Continuum
- Crowd Control: Cuffing with Multiple Flex Ties
- Crowd Control: Demonstrator Tactics
- Crowd Control: Equipment
- Crowd Control: Handcuffing
- Crowd Control: Intelligence
- Crowd Control: Less-Lethal Crowd Control Equipment
- Crowd Control: Prisoner Processing
- Crowd Control: SUV Running Boards
- Crowd Control: Team Selection
- Crowd Control: The Sleeping Dragon
- Crowd Control: Using a Public Information Officer
- Crowd Control: Writing an Ops Plan
- Cultural Awareness for Law Enforcement
- Cultural Diversity Training for LEO
- Cultural Diversity: Challenging Stereotypes
- Cultural Diversity: Cognitive Styles
- Cultural Diversity: Communication Context
- Cultural Diversity: Gender Differences
- Cultural Diversity: Generational Differences
- Cultural Diversity: Knowing Your Community
- Cultural Diversity: Officer Safety
- Cultural Diversity: The Thin Blue Line
- Current Cyber Threats
- · Cyber Responsibility for Officers
- Cyber Terms
- · Dash Cam Video of Iowa Chase

- Deadly Force Cover
- Deadly Hesitation The Fear of Applying Justifiable Use of Force
- Dealing with Flash Mobs
- Dealing with Lawfully Armed Civilians
- Dealing with Mass Casualties
- Dealing with Military Veterans
- Dealing with Persons in the Autism Spectrum
- Dealing with an Ambush
- Dealing with the Aftermath of Use of Force Situations
- Dealing with Unarmed Subjects
- Deep Beliefs Affect Behavior
- Defending Against an Edged Weapon Attack
- Defending a Forehand Slash with Edged Weapons
- Defense Against a Knife Attack
- Defense Against a Knife Attack with a Firearm
- Deputy Jose Antonio Diaz Dashcam
- Designated Marksman
- Designing an Ambush Program
- Did You Know? "Dispatcher Stress"
- Did You Know? Domestic Violence
- Different Types of Holsters for Different Sizes of Officers
- Discipline of Being Positive
- Distracting Officers During Ambush Training
- Documentation and Training
- Dog Attacks Police Car
- Domestic Violence Calls Unpredictable, Officials say
- Domestic Violence Intervention Training For Dispatchers
- Domestic Violence Six-Year-Old 911 Call
- Domestic violence calls prove dangerous for cops
- Don't Become a Hostage
- Double Wrist Grab to a Straight Armbar Takedown
- Downed Officer Rescue
- Driver Assessment Traffic Stop MA
- Drug Enforcement Administration
- Drug Interdiction in Metropolitan Areas
- Drug Lab Safety
- Drug Recognition
- Dry Fire Training
- Dry Firing Skills
- Dynamic Resistance Response Model
- Dynamic Search Warrant: Rehearsals
- Dynamic Search Warrant: The Execution Phase
- Dynamic Search Warrants: The Breakout Team
- Dynamic Search Warrants: Approach
- Dynamic Search Warrants: Planning & Briefing
- Dynamic Search Warrants: Ouick Tips
- Edged Weapon Defense
- Embracing Social Networking
- Emergency Radio Traffic
- Emotional-Protective Part of the Brain
- Empty Hand against a Knife Attack
- Equipment to Carry on an Active Shooter Response
- Escape from the Mount Using the Backdoor Escape
- Ethical Warrior: Protecting Self and Others
- Everyday Heroes and the Media
- Examples of Mindfulness Techniques
- Excited Delirium: Signs and Preparation
- Exiting the Patrol Vehicle Quickly and Tactically
- Expect the Unexpected Spike Strips
- Facial Recognition on the Internet
- Failure to Lock Back on an Empty Magazine
- Fake Officer Profiles on Facebook

- False Confessions
- Female Differences in the Mind and on the Range
- Female Search and Seizure
- Field Interview
- Fight Like a Fighter Pilot
- Fire, EMS & LE Interface
- Firearm Kneeling Tactic
- Firearms Combat Speed and Accuracy
- Firearms Handling and Positions
- Firearms Safety and Children
- Firearms Training Is More Than Drills
- Firing Your Weapon Through Objects and Materials
- Fitness with Di Naso: Prehab Shoulders
- Foot Pursuits
- Forehand Slash in Knife Attack
- Frisk Technique: Disguising Your Gloves
- From Mumbai to Main Street USA
- Fundamentals of Questioning a Terrorist
- Gang Communications
- Gaps in Run, Hide, Fight
- Generational Leadership Challenges
- Getting Back to Basics
- Getting Buy-In from Stakeholders for Active Shooter Training
- Grandma Goes Missing on Foot MD
- Green Eyes Black Rifles
- Ground Handgun Retention
- Ground Positions: Working with your equipment
- Growing Courage- The Adaptive FTO
- Gun Belt Set Up
- Gun Draw Speed Drills
- · Gun Safety for Children
- Helping Other Officers Stay Aware of Cyber Security
- How Can Mindfulness Benefit the Brain?
- HPD Mental Health Cops
- HT Lesson 1: Human Trafficking from a Global Perspective (US)
- HT Lesson 1: Investigative Considerations, Part I (US)
- HT Lesson 2: History and Forms of Human Trafficking (US)
- HT Lesson 2: Investigative Considerations, Part 2 (US)
- HT Lesson 3: Factors Supporting Modern Slavery, and the Stages of Human Trafficking (US)
- HT Lesson 3: Victim Services and Legal Issues (US)
- HT Lesson 4: A Collaborative Approach to Human Trafficking (US)
- HT Lesson 4: Human Trafficking Terms and Resources (US)
- HT Lesson 5: The State of Texas & Human Trafficking Law
- HT Lesson 5: Who are the Victims, Who are the Traffickers (US)
- HT Lesson 6: Making the Invisible, Visible (US)
- Handaun Malfunction Drills
- Handheld Lights vs Pistol Mounted Lights
- Have a Checklist
- Helping Officers in Crisis After the Death of a Child During a Call
- High Speed Chase Car Crash
- High Speed Motorbike Cop Car Chase
- How Cops Can Stay Safe on the Road
- How Local Officers Prepare For Domestic Violence Calls
- How the Death of a Child during a Call Affects Police Officers
- How the Middle East Affects Us at Home
- How to Deal with a Bad Day
- How to Structure an Academy Fitness Program
- Human Intuition
- Humility Drill
- Husband Goes Missing in Car CO
- I Got Your Back Concept
- Identifying Terrorist Activity in the US

- Identifying and Dealing with Excited Delirium
- Improving Community Policing Strategies
- Improving Media Relations
- Improving Training with Competition
- Improvised Tools as Weapons
- In Custody Death by ECDs
- Increasing Visibility in Your Patrol Car
- Indicators of an Environmental Crime
- Innovations in Police Academy Training
- Innovations in Search and Seizure Training for Men
- Instilling Courage in Children
- Instinctive Point Shooting
- Instructional Leadership
- Interrogation-Gaining Maximum Tactical Advantage
- Interview and Interrogation Techniques
- Interviewing Sex Offenders
- Interviewing Techniques for Patrol Officers
- Job Stress: Myths and Truths
- Joplin tornado: a Talk with Chief Randles
- K-9 Supreme Court Case
- K9 High Risk Deployment
- Keeping Use of Force Training Healthy
- Keeping an Open Mind in Today's Economy
- Knife Defense
- Knife Defense with Tony Gregory
- LVMPD Missing Person's Unit
- Law Enforcement and Managing Alzheimer's 1
- Law Enforcement and Managing Alzheimer's 2
- Law Enforcement and Managing Alzheimer's 3
- Law Enforcement and the Use of Naloxone
- Law Enforcement Approach to Cyber Threats
- Leadership For The New Supervisor
- Legal Implications of Confessions
- Liko Kenney Traffic Stop
- Living with an Autistic Child
- Long Gun Options for Women on Patrol
- Long Gun Retention for the Smaller Officer
- Lost Minds KC s Mental Health Crisis 2
- Lost Minds KC s Mental Health Crisis 3
- Lost Minds KC's Mental Health Crisis 1
- Maintain and Control the Situation
- Maintaining Your Concealed Weapon
- Man vs Woman Domestic Call Dallas
- Managing Bizarre Behavior
- Managing Stress in the Wake of an Officer-Involved Shooting
- Managing calls involving Emotionally Disturbed Persons
- Mayday Tip
- Memory and Decision Making
- Mental Illness: The Challenges of Staying on Medication
- Mental Preparation
- Mindfulness and Improving Relationships
- Mindfulness and Trauma
- Motor Learning and Training for Law Enforcement
- Movement Formation vs. Fighting Formation
- Multiple Active Shooters
- Murphy's Law for Law Enforcement
- NBC Dateline My Kid Would Never Do That Stranger Danger Part 1-6
- NBC Dateline My Kid Would Never Do That Stranger Danger Part 2-6
- NBC Dateline My Kid Would Never Do That Stranger Danger Part 3-6
- NBC Dateline My Kid Would Never Do That Stranger Danger Part 4-6
- NBC Dateline My Kid Would Never Do That Stranger Danger Part 5-6
- NBC Dateline My Kid Would Never Do That Stranger Danger Part 6-6

- NM School bus involved in a pursuit
- NY cop shoots charging dog
- NYPD Principles of a Shooting Grip
- Neck Restraints
- Never Let your Guard Down
- New Era, New Rules
- New Life Shootings Survivor Story
- Nutrition for a Busy Lifestyle
- OIS: Balancing Emotional and Legal Survival
- Off-Duty Awareness When Responding to the Uniforms
- Off-Duty Carry
- Off-Duty Equipment Preparation
- Officer Dispatcher Relations
- Officer Behavior During Force Encounters
- Officer Hesitation
- Officer Involved Shooting
- Officer Rescue with Vehicle
- Officer Roadkill on the Information Highway
- Officer Safety Proper Response
- Officer Safety in Narcotics Investigations
- Officer Safety when Responding to Potential Environmental Crime Scenes
- Officer Wellness with Brian Nanatavy
- Oh My God, He's Here Police Reports Tell Story Of Domestic Violence Victim
- One Hit Qualification
- Out of Holster Gun Grabs
- Over Hand Arm Drag from Weapon Retention
- Overall Officer Wellness Related to Safety
- Overcoming Fear
- Passive to Active Resistance During a Traffic Stop
- Patrol Basics: Contact and Cover
- Patrol Basics: Controlling Risks at a Traffic Stop
- Patrol Basics: DWI Investigations
- Patrol Basics: Developing Sources
- Patrol Basics: Domestic Violence Calls
- Patrol Communications
- Patrol Considerations in Abandoned Properties
- Patrol Considerations in a Business Area
- Patrol Rifle Deployment
- Patrol Vehicle Exits: Moving Quickly and Tactically
- Penny Drill
- Phoenix Police Officers Hurt During Domestic Violence Call
- Pistol Maintenance
- Plan B Drill
- Police Camera Shows Final Moments Before Man Killed Flagstaff Officer
- Police Officer Body Cameras record domestic violence response calls
- Police put mental health training to practice
- Pop Up Drill
- Port of Seattle Police Department Marine Patrol Unit
- Practice Drawing your Tools
- Practice with your Weapon
- Pre-Planned Radio Communication
- Pre-planning Response to Incidents
- Precautions when Using Social Media
- Preparing for a Non-Compliance
- Preparing for a Terrorist Attack
- Preparing for an Active Shooter
- Preparing for an Ambush
- Preparing for an Effective Emergency Response on College Campuses
- Preparing the Brain with Visualization
- Preshift Training Preparing to Win a Gunfight
- Preventative Maintenance for your Fleet Vehicles
- Preventing Distractions from Communication Devices while Driving a Patrol Vehicle

- Preventing Police Officer Suicide
- Primal Protective and Tactical Response
- Principles of a Shooting Grip
- · Priorities of Life
- Private Property and Public Access
- Problem Statement
- Product Highlight: Protecto Extrication Wrap
- Project Description
- Proper Use of Simulators in Training
- Protester Interstate Blockade
- Protocol for Calls Involving Excited Delirium
- Protocol for police officer victimization
- Providing Closure for the Dispatcher
- Pursuit Crash
- Pursuit Driving: Dangers Of An Intersection
- Pursuit Ends with Mass Collision
- Questions to Ask During a Drug Interdiction Stop
- Rapid Deployment 2.0
- Rapid Deployment 2.0 (Doug Wyllie)
- Rapid Response: Prepare for a Drone Attack
- Rapid Response: Ambush Survival
- Rapid Response: Takeaways from Parkland, Fla. Active Shooter Incident
- Raw Video: Detroit Police Station Shooting
- Raw Video: Lakewood Suspect Dashcam
- Raw footage of Pewaukee Shootout with Theodore and James Oswald 1994
- Reaction Response to TASER Hit
- Reaction, Movement and Response Times
- Real World Pat Down and Search Techniques
- Realistic Nutrition for Shift Workers
- Reality-Based Training for Critical Incidents
- Reality Training: A Deadly Parking Lot Shooting
- Reality Training: A Failed Stun Gun Deployment
- Reality Training: A Mixed Compliance Felony Stop
- Reality Training: A Sudden Spontaneous Attack
- Reality Training: A Traffic Stop Gone Wrong
- Reality Training: A Violent Felony Stop
- Reality Training: A Volatile Foot Pursuit
- Reality Training: An Edged Weapon Attack
- Reality Training: An Unusual Foot Pursuit Shooting
- Reality Training: Body Cams and Protecting your Right to Use Force
- Reality Training: Control Tactics in Court
  Poslity Training: Controlling a Crimo Sco
- Reality Training: Controlling a Crime Scene When the Suspect Returns
- Reality Training: Correcting Bad Habits
- Reality Training: Courthouse Shooting
- Reality Training: Crazy Jeep Pursuit
- Reality Training: Creating Distance in a Deadly Situation
- Reality Training: Crowd Control, Cameras Rolling
- Reality Training: Deadly Force Against Armed and Fleeing Subjects
- Reality Training: Dealing with Aggressive Dogs
- Reality Training: Driver's Safety Wisconsin Deer Strike
- Reality Training: Driving to an Ambush
- Reality Training: Drug Interdiction at Traffic Stops
- Reality Training: Dying Dog Scenario
- Reality Training: Elderly Woman with a Knife
- Reality Training: Encountering a "Suicide By Cop" Situation
- Reality Training: Enduring an Ambush During an Arrest
- Reality Training: Escaping Handcuffs
- Reality Training: Evasive Driving
- Reality Training: Excited Delirium Appleton Wisconsin
- Reality Training: Expect the Unexpected
- Reality Training: Felony Traffic Stop
- Reality Training: Field Sobriety Test

- Reality Training: Flash Mobs
- Reality Training: Florida Pursuit
- Reality Training: Franconia Officer Killed
- Reality Training: Georgia Trooper Dragged
- Reality Training: Giving Verbal Commands
- Reality Training: High Speed Pursuit
- Reality Training: How Cops Can Stay Safe During a Domestic Call
- Reality Training: How to Avoid Accidents at Shooting Ranges
- Reality Training: How to Handle a suspicious activity call
- Reality Training: How to Maintain your Situational Awareness and Avoid an Ambush
- Reality Training: How to Survive an Off-Duty Encounter
- Reality Training: Kansas City Park Shooting
- Reality Training: Kentucky Mental Patient
- Reality Training: Kitsap Shooting
- Reality Training: Las Vegas Knife Incident
- Reality Training: Lunsford Incident
- Reality Training: Mitigating the Aftermath of a Critical Incident
- Reality Training: Multiple Suspects
- Reality Training: Never Expect a Safe Environment
- Reality Training: Nothing to Hide- Inviting Society to the Police Use of Force Training
- Reality Training: Officers in Crisis Part 1
- Reality Training: Officers in Crisis Part 2
- Reality Training: Opioid Overdose Symptoms
- Reality Training: Pipe Blanket
- Reality Training: Pre-Indicators of an Assault
- Reality Training: Re-approaching the Suspect after the Shooting Stops
- Reality Training: Reapproaching a Suspect After the Shooting Stops
- Reality Training: Rendering First Aid to a Downed Suspect
- Reality Training: Responding To Edged Weapon Attacks
- Reality Training: Responding to an Incident in Plainclothes
- Reality Training: Richland EDP
- Reality Training: Safe Vehicle Operations
- Reality Training: Safer Traffic Stops
- Reality Training: San Diego Foot Pursuit
- Reality Training: Seattle Samurai
- Reality Training: Sparrow Firearms Training
- Reality Training: Staying in Control When the Suspect is Aggressive
- Reality Training: Striking an Animal with your Vehicle
- Reality Training: Sudden attack in a booking area
- Reality Training: Sugar Creek Incident
- Reality Training: Suicide Awareness Signs and Observations
- Reality Training: Suicide Awareness-Prevention
- Reality Training: Surviving a Sudden Shooting at a Traffic Stop
- Reality Training: Surviving a confrontation after you are shot
- Reality Training: Swamp Baby
- Reality Training: The Importance of a Safe Approach and Cover
- Reality Training: The Irrational Subject and our use of Language
- Reality Training: Traffic Safety Tip
- Reality Training: Trolley Square Shooting
- Reality Training: Understanding Excited Delirium
- Reality Training: Unlikely Pursuit
- Reality Training: Using ECD on a suspect with a deadly weapon
- Reality Training: Video Recording Impact on Law Enforcement Part 1
- Reality Training: Video Recording Impact on Law Enforcement Part 2
- Reality Training: Vital Principles of Foot Pursuits
- Reality Training: Welfare Check on an Active Roadway
- Reality Training: When a Vehicle Pursuit Ends in Shots Fired
- Reality Training: When a Violent Confrontation Draws a Crowd
- Reality Training: When your Partner Becomes a Hostage
- Reality Training: Why Cops Should Stay Vigilant during Traffic Stops
- Reality Training: Why Mental Rehearsal Is Crucial to Officer Survival
- Reality Training: Why Searching and Frisking a Subject is Crucial

- Reality Training: Winning a Confrontation after You are Hurt
- Reality Training: Winning a Confrontation when the Subject Has the Drop on You
- Reasonable Use of Deadly Force in Dog Encounters
- Recognizing a Meth Addict
- Recognizing the Indicators of Sovereign Citizens
- Reflections on Police Use of Force
- Reinstilling Confidence in the Use of Force
- Report writing from a Lawyer's Perspective
- Responding Appropriately when Dealing with Violent Offenders
- Responding to Persons with Autism
- Response Strategy for Multiple-Location Attacks
- Responsibilities of the First Officer in an Active Shooter Incident
- Restaurant Safety for Police Officers
- · Rifle Selection for Police Use
- Risk Awareness on an Active Roadway
- Risk Reduction
- Roll Call: Man shot after jumping in trooper's SUV, Ill boy's birthday wish
- Routine Kills
- Rule of Plus One
- SARS Technique Escalating Use of Force
- Search Protocol Overview TX
- Search and Seizure Procedures
- Searching Vehicles
- Searching a Suspect
- Searching for Concealed Weapons
- Selecting a Sling for your Patrol Rifle
- Senior Corporal Mark Nix Incident
- Servant Leadership in Fire Service
- Setting Up and Training with Your Patrol Rifle
- Sex Crime Investigations on College Campuses
- Shake and Bake Meth Method
- Shoot/Don't Shoot: Decision-Based Training
- Shooter Feedback
- Shooter's Stance
- Shooting Cycle
- Shooting Tactics for Multiple Officers in Close Quarters
- Should You Carry a Weapon Off Duty?
- Side Control with Edged Weapon
- Single Wrist Grab to a Straight Armbar Takedown
- Single-Officer Squad: No Back-up Available
- Social Contracts
- Social Networking Precautions
- Soft Decentralization Technique
- Sovereign Citizen Movement CBS Hit Piece
- Sovereign Citizens
- Sovereign Citizens and Law Enforcement
- Sovereign Citizens FBI Calls Them Domestic Terrorists
- Spear System: Sudden Ambush
- Speed Cuffing
- Speed Cuffing Technique
- Speed Load vs. Tactical Load
- Spotting a Concealed Weapon
- Starting Your Agency's K9 Unit
- Staying Ahead of the Curve with Simulation Training
- Staying Hydrated on Duty
- Staying in Command in a Deadly Environment
- Staying in the Fight
- Straight Armbar Escort
- Street Smart Performance Routine
- Strengthening Relations with Local Media
- Strengthening Your Shooting Grip
- Stress and Use of Force

- Strong Hand Only Reload
- Subduing a Dangerous Armed Subject
- Successful Equipment Selection for Female officers
- Sudden Attack in a Booking Area
- Suicide Bombers
- Suicide Bombers in the US
- Supplemental Training For School Resource Officers
- Support Side Shooting
- Survive at Night
- Surviving Hidden Weapons
- Surviving an Ambush
- Surviving and Thriving Behind the Badge
- Synopsis of Cyber Threats
- Tactical Communications Applied to Email
- Tactical Communications: On The Street
- Tactical Methods in SWAT Training
- Tactical Patrol Techniques
- Tactical Preparation
- Tactical Reloads
- Tactical Tools To Use On Dangerous Dogs
- Tactics for Single Officer after Deployment of TASER
- Take Action and Take Control
- Task Specific Obstacle Course for Police Fitness
- The 5 Traits of a Successful Drug Interdiction Officer
- The Aging Warrior
- The Art of Asking Questions
- The Art of War
- The Balanced Warrior
- The Changing Face of Corrections
- The Complexities of Patrolling College Campuses
- The Criminal Investigation Division of the EPA
- The Day I Put a Gun to my Head
- The Edmond Way III "Domestic Call"
- The First Phases of a Handgun Takeaway
- The Importance of Maintaining Good Eye Health
- The Increasing Dangers to Officers
- The Latest on US Border Threats
- The Legacy of the Lakewood Four
- The Misuse of Miranda Rights
- The Patrol Officer and Islamic Terrorist Threat
- The Power of the Unconscious Mind
- The Process to Wellness
- The Pursuit of Total Wellness
- The Rise of Cyber Crime
- The Role Social Media Should Play in your Department
- The Science Behind Arrest Related Deaths
- The Security Concept
- The Strategy of How to Apologize
- The Use of De-Escalation Tactics When Responding to a Crisis Call
- The Use of Expert Witnesses
- The Value of Carrying a Tourniquet
- Tips for Improving Grip
- Tips for Instructing Women on the Range
- Top 10 Mistakes Rookies Make
- Tourniquet Application for LEOs
- Train the Trainer for Law Enforcement Firearms Instructors
- Training Teachers to Respond to Active Shooter Incidents
- Training at the Speed of Life
- Training on a Budget
- Training to Shoot After Falling
- Trends in Juvenile Crime
- Trespassing

- Trigger Control
- Trigger Pull Dry-Fire Drill
- Trusting Your Instincts
- US Marshals Service Overview
- Unconditional Respect
- Unconventional Use of Deadly Force
- Understanding Ambush Points
- Universal Evasion vs. Common Attacks
- Use of Force for Security
- Use of Force in Schools by Non-Sworn Personnel
- Using Competition as a Training Tool
- Using Heart Rate Monitors in Police Fitness Training
- Using Reactionary Drills in Your Fitness Routine
- Using Technology to Your Advantage
- Using Vehicles for Cover
- Using the Safety on Your Primary Weapon
- Using the element of surprise in training drills
- Vandalism Investigation for Patrol
- Verbal Abuse Deflectors
- Verbalizing Unknown Terms in Firearms Training
- Verbal De-escalation Skills
- Violent EPA Criminals
- Weapon Defense Training with Airsoft Weapons
- Wellness Program for LEOs
- West Memphis Murders
- What Is Cyber Security?
- What Is Mindfulness?
- What Makes a Good Mentor in Law Enforcement
- What Would You Do on Route 66 Runaway
- What would you do? Domestic violence Boyfriend abusing his girlfriend in public
- What's Important Now
- Why Are We Using Prisons To Treat Mental Illness
- Why Communication is Key in Police Pursuits
- Why Searching and Frisking a Subject is Crucial
- Winning a Confrontation After You're Hurt
- Winterize Yourself for Patrol
- Women in Corrections
- Women in Law Enforcement: Advice from a Trailblazer
- Working out, on the road and at home
- Workplace Violence
- Yoga for First Responders 1
- Yoga for First Responders 2
- Yoga for First Responders 3
- Your Edged Weapon Can Save Your Life

#### **PATROL**

## • FULL LENGTH COURSES

## Civilian Interaction - 30418 TCOLE

2 HOURS

The Community Safety Education Act (SB30) was designed to educate both law enforcement and civilians of the expectations that drivers, the public, and students should have during contact between officers and motorists. In this course, we will review SB30 along with its updates, the Seven Step Violator Contact Method, the roles and responsibilities of officers during traffic stops, expected behavior from civilians, and even the laws surrounding visual or audio recording of traffic stops.

## **Distracted Driving For Law Enforcement**

4 HOURS

This 4 hour Distracting Driving online course provides the necessary training to educate Law Enforcement Officers and departments about the dangers and consequences of distracted driving.

# **Drunk Driving**

1 HOUR

This one-hour course gives law enforcement officers the appropriate information to understand, apply strategies against, and respond to drunk driving.

## First Responder Traffic Incident Management

2 HOURS

This two-hour course will equip responders with the information needed to properly facilitate at the scene of a traffic incident.

# **Intoxicated Driving**

1 HOUR

This one-hour course gives law enforcement officers the appropriate information to understand, apply strategies against, and respond to intoxicated driving.

# **Pursuit Driving**

1 HOUR

The reality of pushing a squad or motorcycle to its control limits in an attempt to apprehend a violator is anxiety producing at the very least and deadly at its worst. This program will explore the realities of high-speed pursuit, the basic procedures for a successful outcome and the catastrophic effects of when things go horribly wrong.

# **Pursuit Driving Fundamentals**

2 HOURS

This 2 hour Pursuit Driving Fundamentals online course provides the necessary training to develop the ability to accomplish the pursuit driving task and make sound tactical decisions by understanding the risk of the pursuit driving activity and by being able to physically negotiate pursuit driving situations.

# Suspects in Medical Distress \*

1 HOUR

This one-hour course will give the learner a better understanding of how to respond to and identify suspects in medical distress. Often, suspects may be in medical distress at the time of arrest. Suspects under medical distress should be treated much differently than ones who are not. This course helps you as the Officer understand the difference.

## **Tactical Patrol Considerations**

1 HOUR

This course is designed to give patrol officers the necessary knowledge and skills to safely and effectively use their patrol vehicle in the course of their duties. It can be one of the most important and lifesaving pieces of equipment an officer has.

# **Traffic Incident Management - Quick Clearance**

1 HOUR

This one-hour course better prepares law enforcement officers to clear a traffic incident quickly. Within the course, the lessons will highlight Move Over, Driver Removal, as well as Authority Removal Laws which maintain the flow of a safe and efficient traffic scene.

#### TRAINING BLOCK COURSES

#### **Patrol**

Patrol officers must be vigilant in every call, traffic stop, citizen interaction and environment they encounter. This section is chockfull of insightful reminders for having a sound plan, handling multiple subjects before backup

arrives, and using life-saving technology in a patrol car.

#### Patrol 1

1 HOUR

Videos in this course include:

- Reality Training: Trolley Square Shooting
- Rule of Plus One
- Single-Officer Squad: No Back-up Available
- Survive at Night
- Using Vehicles for Cover
- Vandalism Investigation for Patrol
- Winterize Yourself for Patrol

## Patrol 2

1 HOUR

Videos in this course include:

- Interviewing Techniques for Patrol Officers
- Patrol Communications
- Preventing Distractions from Communication Devices while Driving a Patrol Vehicle
- Real World Pat Down and Search Techniques
- Reality Training: Sugar Creek Incident

#### Patrol 3

1 HOUR

Videos in this course include:

- Border Patrol Driver Training
- Bullets on Vehicles Training
- Increasing Visibility in Your Patrol Car
- Officer Safety Proper Response
- Patrol Basics: Controlling Risks at a Traffic Stop
- Patrol Basics: Developing Sources
- Patrol Basics: DWI Investigations

## Patrol 4

1 HOUR

Videos in this course include:

- Building Searches
- Exiting the Patrol Vehicle Quickly and Tactically
- Foot Pursuits
- Have a Checklist
- Patrol Basics: Contact and Cover
- Patrol Basics: Domestic Violence Calls
- The Importance of Maintaining Good Eye Health

## **Traffic Stops & Safety**

Statistics provide an eye-opening reminder that traffic accidents are the leading cause of officer deaths year after year. This topic covers communication, techniques for conducting surveillance, operating patrol vehicles in everchanging environments, and search and questioning techniques.

## **Traffic Stops & Safety 1**

1 HOUR

- Deputy James McGrane: Officer Killed in the Line of Duty
- Reality Training: Franconia Officer Killed
- Reality Training: Georgia Trooper Dragged

Reality Training: Lunsford IncidentThe Art of Communication: Traffic Stop

# **Traffic Stops & Safety 2**

1 HOUR

Videos in this course include:

- DUI Testing and Safety
- Hidden Compartments During Traffic Stops
- Motor Officer Safety
- Reality Training: Driver's Safety Wisconsin Deer Strike
- Reality Training: Safe Vehicle Operations
- Reality Training: Traffic Safety Tip

# **Traffic Stops & Safety 3**

1 HOUR

Videos in this course include:

- High Risk Traffic Stops
- Reality Training: Drug Interdiction at Traffic Stops
- Reality Training: Evasive Driving
- Reality Training: Felony Traffic Stop
- Reality Training: When your Partner Becomes a Hostage
- Welfare Check on an Active Roadway

## **Traffic Stops & Safety 4**

1 HOUR

Videos in this course include:

- Marcou-Isolation Exercise
- Reality Training: Expect the Unexpected
- Reducing the Risks at Traffic Stops
- Spontaneous Assault On A Traffic Stop
- Sudden Attack at a Traffic Stop 2
- Traffic Stops and the Elderly
- Vehicle Extraction Using a Device Control
- Winter Driving Safety

## Traffic Stops & Safety 5

1 HOUR

Videos in this course include:

- Arresting an Intoxicated Driver
- Buckle Up
- Evasive Driving
- Body Language Skills and Deception Detection Training
- Reality Training: Winning a Confrontation when the Subject Has the Drop on You
- Reality Training: Surviving a Sudden Shooting at a Traffic Stop
- Reality Training: Why Cops Should Stay Vigilant during Traffic Stops

# **Traffic Stops and Officer Safety**

1 HOUR

Traffic stops are one of the most common interactions that law enforcement has with the community. In this one-hour training block course, the learner will view four instances where traffic stops quickly turned deadly.

- Reality Training: A Traffic Stop Gone Wrong
- Never Give Up the Fight
- Reality Training: The Importance of a Safe Approach and Cover

- How do you Handle Non-Compliant Subject
- Dealing with Armed Citizens

#### SINGLE VIDEO COURSES

- Arresting an Intoxicated Driver
- Buckle Up
- DUI Testing and Safety
- Dealing with Armed Citizens
- Deputy James McGrane: Officer Killed in the Line of Duty
- Evasive Driving
- Hidden Compartments During Traffic Stops
- High Risk Traffic Stops
- Interior Car Lighting and Tactics
- Marcou-Isolation Exercise
- Motor Officer Safety
- Reducing the Risks at Traffic Stops
- Spontaneous Assault On A Traffic Stop
- Sudden Attack at a Traffic Stop 2
- The Art of Communication: Traffic Stop
- Traffic Stops and the Elderly
- Vehicle Extraction Using a Device Control
- Welfare Check on an Active Roadway
- Winter Driving Safety

## **POLICE LEADERSHIP**

#### • FULL LENGTH COURSES

# **Building Financial Strength in First Responder Families \***

#### 2 HOURS

You have a great career as a first responder and you are making good money. How do you ensure you can retire with what you need? Many of us do not know the answer to that question. We often plan our budgets and spending, but how many first responder personnel sit down and plan for retirement? It is imperative to start planning for retirement early in your career. This course will provide a basic understanding of financial tools and requirements so that you can achieve economic health. Having a plan is critical to help reduce stress, alleviate ethical issues, maintain security clearances, and stop living paycheck to paycheck.

#### Generational Differences for Law Enforcement \*

#### 1 HOUR

Generational differences influence nearly every facet of your organization, from hiring and recruiting, dealing with change, training, retaining employees, and communication. How can your department better understand these differences and use them in a beneficial way? In this course, learners will examine the four most prominent generational workers, their core values, and how these come into play in the workplace.

# **Law Enforcement Grant Writing 101**

#### 1 HOUR

This Grant Writing course is designed to teach both novice and experienced grant writers how to write a competitive grant proposal. Specific to law enforcement agencies, you will learn first hand about grant writing from the experienced grant team at PoliceGrantsHelp. The course takes you step by step through the grant process including pre-planning, grant research, developing a problem statement, financial needs and budget development. It also includes specific modules dedicated to some of the larger law enforcement annual grant opportunities.

#### TRAINING BLOCK COURSES

## Leadership

Having a solid foundation of leadership is essential to agency morale and efficiency. Discussions here highlight tips for being a good mentor, developing leaders, succession planning, and more.

# Leadership 1

1 HOUR

Videos in this course include:

- Create an Agency "Fail List"
- Leadership Skills using the "Abilene Paradox"
- Liability of Not Training
- Speed Kills
- Team Building for Agencies

# Leadership 2

1 HOUR

Videos in this course include:

- · Decision Making Arcs
- Four Imperative Traits of a Supervisor
- Generational Issues and Shift Work
- Hiring Dispatchers
- International Exchange of Training Ideas

## Leadership 3

1 HOUR

Videos in this course include:

- Building an Effective Organization
- Contemporary Problems Facing LE
- Crime Prevention on a Budget
- Dealing with Budget Cuts in Your Department
- Dealing with Pregnancy in a Law Enforcement Setting

# Leadership 4

1 HOUR

Videos in this course include:

- Attributes of a Leader
- Background Investigations
- Building a Police Organization with a Mentoring Approach
- Courtroom Disturbance: Supervisor's Role
- Ethical Interventions

# Leadership 5

1 HOUR

- Classroom Model: Benefits and Shortcomings
- Coaching Program for Law Enforcement
- Coaching Strategies for the FTO
- Generational Differences in Law Enforcement
- Sensei vs Instructor
- Ten Minutes in Training

# Leadership 6

1 HOUR

Videos in this course include:

- Generational Crossroads for Supervisors
- Generational Crossroads for Trainers
- Leadership and Law Enforcement
- Leadership Tips for New Supervisors
- Measuring your Training
- Our Noble Profession

# Leadership 7

1 HOUR

Videos in this course include:

- Law Enforcement Mentoring Programs
- Am I that Man?
- Would I Work for Me?
- Battling Toxic Leadership
- The 2 Most Dangerous Words in LE
- Complacency of Leadership in LE

# Leadership 8

1 HOUR

Videos in this course include:

- The Evolution of Law Enforcement
- Professional Learning Communities
- Challenges of Police Leadership in Small Agencies
- How to Build Mentor Relationships
- Leadership Styles
- Succession Planning for LEO

# **Leadership in Law Enforcement**

1 HOUR

Being a leader in Law Enforcement is more than just giving directions, it is providing support, nurturing talent, and empowering one's employees to perform to the best of their ability. In this one-hour training block course, the learner will discover tips for being an effective leader, the challenges facing leadership today, and how to recognize and foster talent within an agency.

Videos in this course include:

- Leadership For The New Supervisor
- Generational Leadership Challenges
- Instructional Leadership
- Courageous Conversations
- What Makes a Good Mentor in Law Enforcement

## The Importance of Communication in Law Enforcement

1 HOUR

Communication is key. It plays a big part in every policing situation, and effective communication skills are essential to mitigate the loss of life. In this one-hour training block course, the learner will understand the importance of effective communication in deescalating tactics, community relations, and in peer interactions.

- Why Communication is Key in Police Pursuits
- Tactical Communications: On The Street
- Reality Training: The Irrational Subject and our use of Language
- Reality Training: Mitigating the Aftermath of a Critical Incident

• The Use of De-Escalation Tactics When Responding to a Crisis Call

#### • SINGLE VIDEO COURSES

- 'What's Important Now' Approach in Long Term
- A Crisis of Leadership
- Am I that Man?
- Attributes of a Leader
- Background Investigations
- Battling Toxic Leadership
- Below 100 Program
- Building a Police Organization with a Mentoring Approach
- Building an Effective Organization
- Challenges of Police Leadership in Small Agencies
- Classroom Model: Benefits and Shortcomings
- Coaching Program for Law Enforcement
- Coaching Strategies for the FTO
- Complacency of Leadership in LE
- Contemporary Problems Facing LE
- Courtroom Disturbance: Supervisor's Role
- · Create an Agency "Fail List"
- Crime Prevention on a Budget
- Dare to be Great
- Dealing with Budget Cuts in Your Department
- Dealing with Pregnancy in a Law Enforcement Setting
- Decision Making Arcs
- Ethical Interventions
- Four Imperative Traits of a Supervisor
- Generational Crossroads for Supervisors
- Generational Crossroads for Trainers
- Generational Differences in Law Enforcement
- Generational Issues and Shift Work
- Higher Education for LEOs
- Hiring Dispatchers
- How to Build Mentor Relationships
- How to Enable Officers to Have Longer Careers in LE
- International Exchange of Training Ideas
- Law Enforcement Mentoring Programs
- Leadership Academy
- Leadership Skills using the "Abilene Paradox"
- Leadership Styles
- Leadership Tips for New Supervisors
- Leadership and Law Enforcement
- Liability of Not Training
- Measuring your Training
- Our Noble Profession
- Professional Learning Communities
- Sensei vs Instructor
- Speed Kills
- Succession Planning for LEO
- Tactical Patrol Officer Training Program
- Team Building for Agencies
- Ten Minutes in Training
- The 2 Most Dangerous Words in LE
- The Bully Story
- The Evolution of Law Enforcement
- The Importance of Policies and Procedures
- The Value of Simplicity in your Training
- Would I Work for Me?

#### PRODUCTS AND TECHNOLOGIES FOR POLICE

#### FULL LENGTH COURSES

# Annual Conducted Electrical Weapon (CEW) User Update Version 20.2 Effective: January 15, 2018

1 HOUR

This presentation is intended to assist law enforcement agencies in providing annual recertification training to their law enforcement officers. It does not replace any Conducted Electrical Weapon (CEW) or Electronic Control Device (ECD) Training Program and is not intended for initial end-user certification. This course has been created with the cooperation of TASER using approved training materials. Version 20.2

## **MedicAlert: Community Policing Support**

1 HOUR

MedicAlert Foundation is the leader in providing medical IDs and services designed to protect individuals during a medical emergency. When a loved one experiences a medical episode or goes missing, it can be frightening for loved ones. MedicAlert Foundation provides training to Law Enforcement to help handle these types of calls and provide skills within community policing to ensure that their residents receive the highest level of care and to ensure that law enforcement is able to quickly and effectively respond to community emergency situations. This one hour course will educate Officers with an understanding of MedicAlert products and services available to help those in need.

# **Onstar Public Safety**

1 HOUR

This 1 hour OnStar Public Safety online course provides the necessary training to ensure First Responders understand the unique features OnStar provides to improve public safety interfaces and operational effectiveness.

#### REPORT WRITING

• FULL LENGTH COURSES

## Written Communication and Report Writing

1 HOUR

This one-hour course will enlighten you in the reasons for writing reports, what you should complete detailed reports about, and tips for writing outstanding communication and reports.

• TRAINING BLOCK COURSES

#### **Report Writing**

Report Writing consists of many areas that are important to ensure a successful prosecution. This section covers everything from the basics of writing a report, like note taking, documenting the elements of a crime, authoring indicating chronological order, to legal issues such as evidence collection, metadata, old reports and more.

# **Report Writing 1**

1 HOUR

- · Checklist for Report Writing
- Kevin Dillon's Report Writing Tips
- Report Writing: Authoring
- Report Writing: Cell phones
- Report Writing: Cut and Paste
- Report Writing: Distractions

# **Report Writing 2**

1 HOUR

Videos in this course include:

- Narrative Skills for Report Writing
- Report Writing: Chronological Order
- Report Writing: Elements of the Crime
- Report Writing: English Skills
- Report Writing: Legal Issues (Brady vs. Maryland)
- Report Writing: Note Taking
- Report Writing: Reviewing
- Report Writing: Technology
- Report Writing: Understanding Time Management

#### SINGLE VIDEO COURSES

- Checklist for Report Writing
- Kevin Dillon's Report Writing Tips
- Narrative Skills for Report Writing
- Police Reports and Detailed Documentation
- Report Writing: Authoring
- Report Writing: Cell phones
- Report Writing: Chronological Order
- Report Writing: Cut and Paste
- Report Writing: Distractions
- Report Writing: Elements of the Crime
- Report Writing: English Skills
- Report Writing: Evidence Collection
- Report Writing: Keys to Time Management
- Report Writing: Legal Issues (Brady vs. Maryland)
- Report Writing: Metadata
- Report Writing: Note Taking
- · Report Writing: Reviewing
- Report Writing: Spell Check
- Report Writing: Technology
- Report Writing: Understanding Time Management

# **SECURITY THREAT GROUPS FOR POLICE**

#### • FULL LENGTH COURSES

## **Juvenile Justice**

1 HOUR

This course addresses four primary problem areas in which law enforcement plays a critical leading role: juvenile gun violence; the combination of youth, guns, and drugs; the link between drugs and delinquency; youth gangs.

#### TRAINING BLOCK COURSES

#### Gangs

From identifying tattoos and graffiti to recognizing indicators of violent crime, officers must be aware of the gang dynamics operating in their community. This section illustrates how gangs cross all social and economic barriers, offers tips for corroborating evidence, and more.

#### Gangs 1

1 HOUR

- Becoming a Gang Expert
- Gang Combat Dynamics

- Gang Cop Probable Cause
- Gangs in the Military
- Gangs in your Community
- Gangs: Officer Survival
- Motorcycle Gangs

# Gangs 2

#### 1 HOUR

Videos in this course include:

- East Coast Crips
- Evolution of Criminal Activity in Gangs
- Females in Gangs
- · Gang Intelligence in Central America
- Gangs Lessons
- History of Mexican Gangs
- White Gangs

# Gangs 3

#### 1 HOUR

Videos in this course include:

- Interviewing Gang Members Upon Intake into Prison
- Community Based Information Systems
- Conducting Gang Interviews
- Difference Between Street and Prison Gangs
- Influence of Prison Gangs on the Streets
- Juvenile Gang Prevention & Intervention
- Officer Safety During Gang Contacts
- Officer Safety with MS13 Gangs

## • SINGLE VIDEO COURSES

- Becoming a Gang Expert
- Community Based Information Systems
- Conducting Gang Interviews
- Difference Between Street and Prison Gangs
- East Coast Crips
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- Officer Safety with MS13 Gangs
- White Gangs

# **TACTILE EMERGENCY MEDICAL SUPPORT (TEMS)**

- SINGLE VIDEO COURSES
  - Downrange EMS Critical Care When the Scene Isn't Safe
  - Medical Assessment Team

# TCOLE INTERMEDIATE COURSES (TEXAS ONLY)

FULL LENGTH COURSES

## **Intermediate Arrest, Search and Seizure - 2108 TCOLE**

16 HOURS

The fourth amendment is one of the most widely-discussed amendments in the news today. This course will provide the learner a greater understanding of a frisk, suspicious activity, probable cause, consent to search, search warrants, and other areas that are directly related to arrest, search, and seizure. The students will also be provided with information to provide a greater understanding of juvenile offenses, dealing with juvenile offenders and organized juvenile criminal activity.

#### Intermediate Asset Forfeiture- 3255 TCOLE

2 HOURS

As law enforcement, we can utilize asset forfeiture to seize property that we believe can or will be used in a crime. This policy provides added security and aids in the prevention of further crime. It takes contraband and property out of the hands of people who have or intend to commit crime. However, it is a double-edged sword in that sometimes assets can be taken from innocent citizens. In this course, you will examine the policy, benefits, and consequences that can come from asset forfeiture.

#### Intermediate Child Abuse - 2105 TCOLE

24 HOURS

No single agency has the training, workforce, resources, or legal mandate to detect, intervene, and prosecute child abuse cases effectively. And no one agency has the sole responsibility for protecting abused children. Law enforcement must, however, be properly trained on the various components of child abuse cases. This intermediate course includes topics about what does and does not constitute child abuse and neglect, how to identify the different kinds of child abuse, the identification of the authorities and responsibilities of many individuals and agencies in child abuse cases, components and characteristics of child abuse, investigate strategies, and special investigative issues.

# **Intermediate Child Safety Check Alert List - 4068 TCOLE**

1 HOUR

This one-hour course recognizes the Child Safety Check Alert List Plan as a vital tool to child abuse or neglect cases.

#### **Intermediate Cultural Diversity - 3939 TCOLE**

8 HOURS

With the demographic makeup of the United States changing dramatically over the last 25 years, law enforcement, now more than ever, must possess the cultural competency to encourage positive communication and enhance productivity in the workplace. By taking this intermediate course, the learner will examine the factors that make up our individual cultures and the ways by which culture and law enforcement can merge.

# **Intermediate Human Trafficking - 3270 TCOLE**

4 HOURS

This 4-hour course offers a comprehensive overview of human trafficking, one of today's most complex criminal enterprises and human rights violations. Topics addressed include: the history and forms of human trafficking; terms related to human trafficking; an examination of the relationship between the trafficker and victim; investigating human trafficking cases; ensuring victims receive the correct services, some of which are unique to trafficking victims; the advantages of a multidisciplinary and collaborative response to trafficking incidents, and;

an introduction to Texas state laws regarding human trafficking.

# **Intermediate Identity Crimes - 3277 TCOLE**

3 HOURS

The prevalence of identity theft crimes have risen significantly, largely due to the advancements in technology in recent years. It's even more important now, that we learn about this type of criminal activity and how to combat it--which will in turn allow us to catch these criminals and create safer communities. In this course, learners will understand how identity theft crimes can happen, how people can protect themselves, and what to do in the event of someone's identity being stolen.

# **Intermediate Racial Profiling - 3256 TCOLE**

4 HOURS

Racial profiling, the practice of using race or ethnicity as a basis for law enforcement investigative procedures. The purpose of this course is to highlight key issues surrounding race in law enforcement and to help law enforcement officers use this information in a meaningful and practical way. This course shares how racial profiling can impact the success of policing efforts. It also presents key distinctions between reasonable suspicion and racial profiling during field interviews and traffic stops, shares best practices for law enforcement officers, and offers self-analysis for practical application.

This Racial Profiling course also brings awareness and understanding of how the blueprint was designed to provide law enforcement, state and local elected officials, civil rights leaders, community organizations, and other local stakeholders with strategies and practices for gathering and analyzing data about police stops.

# Intermediate Special Investigative Topics - 3232 TCOLE

8 HOURS

While recent news stories and events have made strides in the stigma against reporting abuse, issues like child abuse, neglect, family violence, sexual assault, and sex offenders are still very prevalent in our country today. We will walk through these issues in detail, and provide the learner with relevant laws and statistics surrounding each individual topic.

# **Intermediate Use of Force - 2107 TCOLE**

13 HOURS

According to the National Institute of Justice, generally speaking, the use of force by law enforcement officers becomes necessary and is permitted under specific circumstances such as: in self-defense or in defense of another individual or group. Police officers receive guidance from their individual agencies, but there is no universal set of rules that governs when officers use force and how much they should use. In this TCOLE Intermediate course, learners are provided with training and focuses on the legal aspects for an officer to use force when affecting an arrest, investigatory stop, or other seizure of a free citizen as well as the Texas laws and policies that govern legal use of force.

# Missing and Exploited Children

4 HOURS

This 4 hour course is designed to educate officers on missing and abducted children cases. These type of cases are difficult because they are time-sensitive and emotionally troubling.

#### **TERRORISM**

## TRAINING BLOCK COURSES

Regardless of the size or location of an agency, it is crucial that officers are able to recognize the warning signs of potential terrorist activity. Officers will hear from experts on counterterrorism, who provide tools for identifying indicators, and offer guidance on how to prepare for and react to acts of terrorism.

#### **Terrorism 1**

1 HOUR

- Suicide Bombers
- Terrorist Threat in the United States
- The Latest on US Border Threats
- The Patrol Officer and Islamic Terrorist Threat

#### **Terrorism 2**

1 HOUR

Videos in this course include:

- From Mumbai to Main Street USA
- Fundamentals of Questioning a Terrorist
- Preparing for a Terrorist Attack
- The Art of War

#### **Terrorism 3**

1 HOUR

Videos in this course include:

- How the Middle East Affects Us at Home
- Identifying Terrorist Activity in the US
- Recognizing the Indicators of Sovereign Citizens
- Suicide Bombers in the US
- Terrorist Prevention Tip

#### • SINGLE VIDEO COURSES

- Terrorism at Home
- Terrorist Prevention Tip
- Terrorist Threat in the United States

#### **USE OF FORCE**

• FULL LENGTH COURSES

#### Use Of Force

2 HOURS

This two-hour online course provides training and focuses on the legal aspects for an officer to use force when affecting an arrest, investigatory stop, or other seizure of a free citizen.

TRAINING BLOCK COURSES

#### **Use of Force Situations**

1 HOUR

Using Force in policing situations is never to be taken lightly, but at times, it may be all that stands between an officer and survival. In this one-hour training block course, the learner will watch footage from situations where force was utilized, gain insight into the importance of proper documentation, and the touch on steps that should be taken after an officer is involved in a shooting to ensure the wellness of both the officer and the department.

Videos in this course include:

- Reality Training: Rendering First Aid to a Downed Suspect
- Officer Involved Shootings
- Reality Training: A Mixed Compliance Felony Stop
- How to Write Effective Use of Force Incident Reports
- Reality Training: Nothing to Hide- Inviting Society to the Police Use of Force Training

## **Use of Less Lethal Force**

1 HOUR

In this training block, learners will explore different ways to control crowds and other chaotic situations using less

than lethal force. Learners will also discover how to handle failed attempts at control using these less lethal options.

- The Blast Ball: For Less-Lethal Crowd Control
- Taser Failure Techniques, Less Lethal Options
- Reality Training: A Volatile Foot Pursuit
- Reality Training: A Failed Stun Gun Deployment

<sup>\*</sup> Courses marked with an asterisk are certified by the International Association of Directors of Law Enforcement Standards and Training (IADLEST) National Certification Program (NCP) $^{\text{TM}}$ .